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Beurer IL11

Beurer IL11 Infrared Heat Lamp User Manual

Model: IL11

1. Introduction

The Beurer IL11 Infrared Heat Lamp provides warm, soothing infrared light designed for various applications. This device is intended to deliver deep penetrating warmth, which can support blood circulation, ease muscle aches, and alleviate joint stiffness. It may also assist in recovery from common colds and contribute to improved complexion. This manual provides essential information for the safe and effective operation, maintenance, and troubleshooting of your IL11 Infrared Heat Lamp.

2. Important Safety Instructions

Please read these safety instructions carefully before using the device. Failure to observe these instructions may result in injury or damage to the device.

- **Eye Protection:** Always wear the provided protective eyewear when using the lamp, especially when directing the light towards the face. Infrared radiation can be harmful to the eyes.
- **Distance and Duration:** Maintain a minimum distance of 30 cm (approximately 12 inches) between the lamp and the skin. Limit treatment sessions to a maximum of 12-15 minutes. Excessive exposure can cause burns.
- **Skin Sensitivity:** Do not use the lamp on sensitive skin areas, inflamed skin, or open wounds. Consult a physician if you have any skin conditions or are taking medications that increase skin sensitivity.
- **Temperature Check:** Regularly check the treated skin area for signs of overheating or redness. If discomfort occurs, discontinue use immediately.
- **Children and Impaired Individuals:** This device is not intended for use by children or individuals with reduced physical, sensory, or mental capabilities unless supervised by a responsible adult.
- **Flammable Materials:** Keep the lamp away from flammable materials such as curtains, paper, or clothing. Ensure adequate ventilation during use.
- **Power Supply:** Connect the device only to the correct mains voltage as indicated on the rating label. Do not use if the power cord or plug is damaged.
- **Hot Surfaces:** The lamp bulb and housing become very hot during operation. Do not touch hot surfaces. Allow the device to cool down completely before handling or storing.
- **Water and Moisture:** Do not use the device near water or in damp environments. Never immerse the device in water or other liquids.
- **Medical Advice:** This device is for personal use and does not replace medical consultation or treatment. If you have chronic

conditions or concerns, consult your doctor.



Image: The Beurer IL11 Infrared Heat Lamp demonstrating the included protective eyewear for safe use.

3. Package Contents

Carefully unpack the device and check for any signs of damage. Ensure all components are present.

- 1 x Beurer IL11 Infrared Heat Lamp unit
- 1 x Infrared bulb (100 W)
- 1 x Protective eyewear
- 1 x Instruction Manual



Image: The Beurer IL11 Infrared Heat Lamp shown with its retail packaging and included protective eyewear.

4. Setup

1. **Placement:** Place the infrared heat lamp on a firm, level, and stable surface. Ensure there is sufficient space around the device for ventilation and to prevent accidental contact with flammable objects.
2. **Angle Adjustment:** The lamp features an adjustable shade with 5 angle settings. Gently tilt the lamp head to the desired position. Ensure the lamp head is securely fixed in place before use.
3. **Power Connection:** Plug the power cord into a suitable electrical outlet. Ensure the voltage matches the device's requirements.



Image: The Beurer IL11 Infrared Heat Lamp illustrating its adjustable shade with five angle settings.

5. Operating Instructions

1. **Prepare for Use:** Ensure the lamp is set up on a stable surface and plugged in. Position yourself comfortably, maintaining the recommended minimum distance of 30 cm from the lamp.
2. **Wear Eye Protection:** Always put on the provided protective eyewear before turning on the lamp, especially if the treatment area includes the face.
3. **Turn On:** Switch on the device. The infrared bulb will immediately begin to emit heat and light.
4. **Adjust Angle:** If necessary, gently adjust the angle of the lamp head to direct the infrared light to the desired body part.
5. **Treatment Duration:** Limit each treatment session to a maximum of 12-15 minutes. Do not exceed this duration to prevent skin irritation or burns.
6. **Monitor Skin:** During the session, periodically check your skin for excessive redness or discomfort. If any adverse reaction occurs, turn off the lamp immediately.

7. **Turn Off:** After the desired treatment time, switch off the device.
8. **Cool Down:** Allow the lamp to cool down completely before moving or storing it. The bulb and housing will remain hot for some time after being switched off.



Image: A woman using the Beurer IL11 Infrared Heat Lamp, illustrating typical usage for soothing heat.

6. Maintenance and Cleaning

Proper maintenance ensures the longevity and safe operation of your infrared heat lamp.

- **Before Cleaning:** Always unplug the device from the power outlet and allow it to cool down completely before cleaning.
- **Cleaning the Housing:** Wipe the lamp housing with a soft, dry, or slightly damp cloth. Do not use abrasive cleaning agents, solvents, or harsh chemicals, as these can damage the surface.
- **Cleaning the Bulb:** The infrared bulb should only be wiped with a dry, lint-free cloth. Avoid touching the bulb with bare hands, as oils can reduce its lifespan.
- **Storage:** Store the device in a cool, dry place, away from direct sunlight and moisture, when not in use.

- **Bulb Replacement:** If the bulb needs replacement, ensure the device is unplugged and cool. Carefully unscrew the old bulb and replace it with a new 100 W infrared bulb of the same type. Refer to the specific instructions provided with replacement bulbs.

7. Troubleshooting

Problem	Possible Cause	Solution
Lamp does not turn on.	Not plugged in correctly. Power outlet is not functioning. Bulb is faulty or loose.	Check if the power cord is securely plugged into the outlet. Test the outlet with another appliance. Unplug the lamp, allow it to cool, then check if the bulb is screwed in tightly. Replace the bulb if it is burnt out.
Lamp turns off unexpectedly.	Overheating protection activated. Loose connection.	Unplug the lamp and let it cool down for at least 30 minutes. Ensure proper ventilation during use. Check power cord and bulb connection.
Skin feels too hot or irritated.	Too close to the skin. Treatment duration too long. Skin sensitivity.	Increase the distance between the lamp and your skin (minimum 30 cm). Reduce the treatment duration (maximum 12-15 minutes). Discontinue use if irritation persists and consult a physician.

If the problem persists after attempting these solutions, please contact Beurer customer support.

8. Technical Specifications

- **Model:** IL11
- **Power Output:** 100 W
- **Power Source:** Corded Electric
- **Light Source Type:** Infrared Bulb
- **Material:** Plastic
- **Product Dimensions:** Approximately 7.52 x 4.02 x 7.99 inches (19.1 x 10.2 x 20.3 cm)
- **Weight:** Approximately 0.01 ounces (0.28 grams) - *Note: This weight seems unusually low and may refer to a component rather than the full device. Refer to product packaging for accurate device weight.*
- **Adjustable Angle:** 5 inclination settings
- **Item Model Number (Manufacturer):** 61486



Image: The Beurer IL11 Infrared Heat Lamp with key specifications displayed alongside the product.

9. Warranty and Disposal

9.1 Warranty Information

For detailed warranty terms and conditions, please refer to the warranty card included with your product or visit the official Beurer website. Keep your proof of purchase for any warranty claims.

9.2 Disposal

Do not dispose of the device in household waste. Please dispose of the device in accordance with local regulations for electrical and electronic equipment. Contact your local authorities for information on disposal options.

10. Manufacturer Information

Manufacturer: Beurer GmbH

Address: Söflinger Straße 218, 89077 Ulm, Germany
For customer support and further information, please visit the official Beurer website or contact their authorized service centers.

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