

NaturesPlus 30578

Natures Plus Source of Life Green Lightning Capsules User Manual

Model: 30578 | Brand: NaturesPlus

PRODUCT OVERVIEW

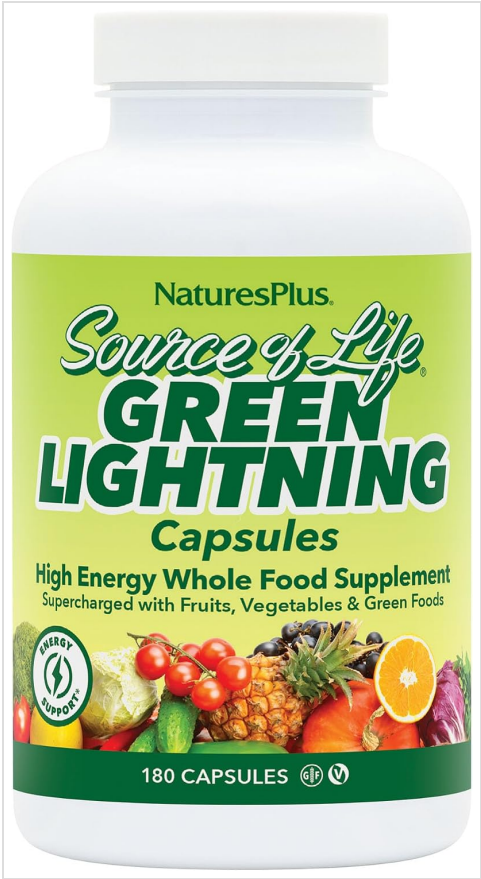


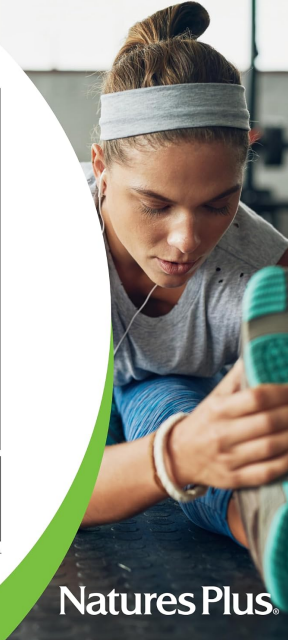
Image: Front view of the Natures Plus Source of Life Green Lightning bottle, showing the label and capsule count.

Natures Plus Source of Life Green Lightning is a whole food supplement designed to provide high energy and comprehensive nutritional support. It is formulated with a blend of natural ingredients, including green superfoods and digestive enzymes.

Key Features:

- **All Natural:** Each serving contains 50 whole foods as concentrates and extracts, such as spirulina, algae, chlorella, kelp, spinach, broccoli, beet greens, and other vegetables.
- **Enhanced with Enzymes:** Includes a blend of cellulase, pectinase, and other enzymes to aid in digestion and nutrient absorption. Also supplies Vitamin A and calcium.
- **Energy Support:** Formulated to provide an energizing and revitalizing effect.
- **Purity:** Free from artificial flavors or preservatives, packed with fruits, vegetables, herbs, amino acids, phytonutrients, and

- **Quality Manufacturing:** Produced in state-of-the-art facilities adhering to cGMP compliance, superior standards, and FDA/NSF registration.



Supplement Facts

Serving Size 4 or 8 Capsules
Servings Per Container 45 or 22.5

	Per 4 Capsules		Per 8 Capsules	
	Amount	% Daily Value	Amount	% Daily Value
Calories	10		20	
Total Carbohydrate	3 g	1%**	5 g	2%**
Dietary Fiber	1 g	4%**	2 g	7%**
Total Sugars	0 g	†	<1 g	†
Includes Op Added Sugars		0%**		0%**
Protein	0 g	0%**	1 g	2%**
Vitamin A	675 mcg RAE	75%	1351 mcg RAE	150%
(as beta-carotene)	(2250 IU)		(4500 IU)	
Calcium	10 mg	<1%	20 mg	2%
GREEN LIGHTNING PROPRIETARY	3000 mg	†	6000 mg	†
WHOLE FOOD BLEND				
Brown Rice, Fructooligosaccharides (FOS) (from Chicory Root), Chlorella Algae, Spirulina Algae, Sunflower Oil, Apple Fruit, Banana Fruit, Apricot Fruit, Peach Fruit, Raspberry Fruit, Cranberry Fruit, Tomato Fruit, Orange Fruit (<i>Citrus sinensis</i>), Strawberry Fruit, Black Currant Fruit, Celery Seed, Spinach Leaf, Pea Protein, Parsley Leaf, Papaya Fruit, Cabbage Leaf, Carrot Root, Grape Fruit (<i>Vitis vinifera</i>), Broccoli Sprout, Beet Root, Rice Bran, Cucumber Fruit, Thyme Leaf, Green Tea Leaf Extract, Turmeric Extract, Garlic Bulb, Onion Bulb, <i>Panax ginseng</i> Root, Irish Moss (<i>Chondrus crispus</i>), Olive Leaf, Green Coffee Extract, Red Wine Grape Extract, Juniper Berries Fruit, <i>Balaeska inospor</i> (supplying natural beta-carotene) <i>Bladderwrack</i> (<i>Fucus vesiculosus</i>), <i>Hijiki</i> (<i>Sargassum fusiforme</i>), Wakame (<i>Ularia esculenta</i>), Nori				
(<i>Porphyra yezoensis</i>), Kombu (<i>Laminaria setchellii</i>), Watercress, Green Pepper, Artichoke Extract, Active Enzymes (xylanase, cellulase, hemicellulase and pectinase), Kiwi Juice, Red Seaweed (<i>Lithothamnium calcareum</i>), Dulse (<i>Palmaria palmata</i>), Dandelion Leaf				
** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.				
Other Ingredients: Vegetable cellulose, di-calcium phosphate, magnesium stearate.				

Natures Plus®

The Natures Plus Source of Life Green Lightning capsules contain a comprehensive blend of vitamins, minerals, and whole food concentrates. Below is a detailed list of ingredients:

Green Lightning Proprietary Whole Food Blend: Brown Rice, Fructooligosaccharides (FOS) (from Chicory Root), Chlorella Algae, Spirulina Algae, Sunflower Oil, Apple Fruit, Banana Fruit, Apricot Fruit, Peach Fruit, Raspberry Fruit, Cranberry Fruit, Tomato Fruit, Orange Fruit (Citrus sinensis), Strawberry Fruit, Black Currant Fruit, Celery Seed, Spinach Leaf, Pea Protein, Parsley Leaf, Papaya Fruit, Cabbage Leaf, Carrot Root, Grape Fruit (Vitis vinifera), Broccoli Sprout, Beet Root, Rice Bran, Cucumber Fruit, Thyme Leaf, Green Tea Leaf Extract, Turmeric Extract, Garlic Bulb, Onion Bulb, Panax ginseng Root, Irish Moss (Chondrus crispus), Olive Leaf, Green Coffee Extract, Red Wine Grape Extract, Juniper Berries Fruit, Blakeslea trispora (supplying natural beta carotene), Bladderwrack (Fucus vesiculosus), Hijiki (Sargassum fusiforme), Wakame (Alaria esculenta), Nori (Porphyra yezoensis), Kombu (Laminaria setchellii), Watercress, Green Pepper, Artichoke Extract, Active-Enzymes (xylanase, cellulase, hemicellulase and pectinase), Kiwi Juice, Red Seaweed (Lithothamnium calcareum), Dulse (Palmaria palmata), Dandelion Leaf.

Other Ingredients: Vegetable cellulose, di-calcium phosphate, magnesium stearate.

DIRECTIONS FOR USE



Image: A man and child playing basketball, illustrating an active lifestyle, with text indicating product directions.

As a dietary supplement, take four capsules once or twice daily.

For optimal results, it is recommended to consult with a healthcare professional before starting any new supplement regimen.

IMPORTANT SAFETY INFORMATION

Legal Disclaimer:

Inspected and certified pursuant to Section 704(a)(1) of the Food, Drug and Cosmetics Act [21 U.S.C. 374(a)]¹ and/or Part F or G, Title III of the Public Health Service Act [42 U.S.C. 262-264]². Compliance to NSF GMP Registration Program Requirements of NSF/ANSI 173 Section 8, which includes FMSA and cGMP (21 CFR 111), (21 CFR 117) assessed and confirmed Jan. 19, 2021 by NSF International. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Proposition 65 Warning:

This product is subject to Proposition 65 warning. Please refer to the product packaging for specific details regarding this warning.

PRODUCT SPECIFICATIONS

Brand	NaturesPlus
Item Form	Capsule
Item Package Quantity	1
Package Information	Bottle
Product Dimensions	2.9 x 2.9 x 5.3 inches; 7.2 ounces
Item Model Number	30578
Manufacturer	Nature's Plus
Date First Available	June 4, 2004

WARRANTY AND SUPPORT

Information regarding product warranty and customer support is not provided in the available product data. For specific warranty details or support inquiries, please refer to the official NaturesPlus website or contact their customer service directly.

You may visit the official NaturesPlus store for more information: [NaturesPlus Store](#)

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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