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SEIKO SKZ211K1

SEIKO SKZ211K1 Five Sports Automatic Watch User Manual

Model: SKZ211K1

INTRODUCTION

This manual provides essential instructions for the proper use, care, and maintenance of your SEIKO SKZ211K1 Five Sports Automatic Watch. This timepiece features a Japanese automatic movement, offering reliable timekeeping powered by the natural motion of your wrist. It is designed for durability and functionality, including a day-date display and water resistance suitable for recreational scuba diving.





Image: The Seiko SKZ211K1 Five Sports Automatic Watch, showcasing its black dial, stainless steel case, and bracelet.

KEY FEATURES

- **Movement:** Quality Japanese Automatic movement (Cal. 7S36), functions without a battery, powered by arm movement.
- **Crystal:** Durable Hardlex crystal for scratch resistance.
- **Case:** Stainless-steel case with a 45 mm diameter.
- **Dial:** Black dial with luminous yellow hands and Arabic numerals for visibility.
- **Functions:** Day-and-date display (with day in red), inner rotating compass dial ring.
- **Water Resistance:** Water resistant to 200 meters (660 feet), suitable for recreational scuba diving.
- **Bracelet:** Solid links stainless steel bracelet with a double locking foldover clasp.
- **Bezel:** Uni-directional rotating bezel with Arabic numerals and coin edge detailing.

SETUP

1. Initial Winding

As an automatic watch, the SKZ211K1 does not require a battery. It is powered by the motion of your wrist. If the watch

has stopped or is running low on power, gently swing it from side to side for about 30 seconds to initiate movement. Wearing the watch regularly will keep it wound.

2. Setting Time and Date

1. Locate the crown at the 4 o'clock position. This is a screw-down crown.
2. To unlock, rotate the crown counter-clockwise until it springs out.
3. Pull the crown out to the first click position to set the date and day. Rotate the crown to adjust. Avoid setting the date/day between 9 PM and 4 AM to prevent damage to the movement.
4. Pull the crown out to the second click position to set the time. Rotate the crown to move the hands. Push the crown back in when the desired time is set.
5. Once time and date are set, push the crown back in and screw it down clockwise firmly against the case to ensure water resistance.

3. Adjusting the Compass Bezel

The inner compass bezel is adjusted using the crown located at the 9 o'clock position. This crown is not screw-down. Simply rotate it to align the compass markings as needed for navigation. Note that this crown may rotate freely during wear.

4. Bracelet Adjustment

The stainless steel bracelet can be adjusted by adding or removing links. This procedure involves split pins. It is recommended to have this adjustment performed by a qualified watchmaker or jeweler to prevent damage to the bracelet.



Image: Rear view of the Seiko SKZ211K1 watch, showing the stainless steel case back and the double locking foldover clasp on the bracelet.

OPERATING INSTRUCTIONS

Automatic Movement

Your SEIKO SKZ211K1 watch is equipped with an automatic mechanical movement. This means it is powered by the kinetic energy generated by your arm's motion. When worn regularly, the watch will remain wound. If the watch is not worn for an extended period, it may stop. Simply pick it up and gently swing it for a few moments to restart it, then set the time and date as described in the Setup section.

Day/Date Function

The watch displays both the day of the week and the date. The day can be displayed in English or another language (e.g., French, as noted in some models). To change the day/date, refer to the "Setting Time and Date" instructions in the Setup section. The day will typically advance automatically at midnight, with the date changing shortly after.

Compass Bezel Usage

The inner rotating bezel features compass markings. To use it for basic orientation:

1. Point the hour hand towards the sun.
2. Rotate the inner compass bezel using the 9 o'clock crown until the "S" (South) marking is halfway between the hour hand and the 12 o'clock marker (in the Northern Hemisphere). The other cardinal directions will then be indicated.
3. *Note: This method provides an approximate direction and is dependent on your hemisphere and daylight saving time.*

Water Resistance

The SKZ211K1 is water resistant to 200 meters (660 feet). This rating makes it suitable for recreational scuba diving. Ensure the 4 o'clock crown is always screwed down tightly before exposing the watch to water. Do not operate the crowns or pushers while the watch is wet or submerged.



Image: The Seiko SKZ211K1 watch displayed on a wrist, highlighting the black dial, luminous hands, and stainless steel bracelet.

MAINTENANCE

Cleaning

Wipe the watch case and bracelet regularly with a soft, dry cloth to remove dirt and perspiration. For stainless steel, a slightly damp cloth can be used, followed by drying. Avoid using harsh chemicals or abrasive materials.

Water Resistance Check

Over time, gaskets that ensure water resistance can degrade. It is recommended to have your watch's water resistance checked by an authorized SEIKO service center every 2-3 years, especially if you frequently expose it to water or intend to use it for diving.

Crystal Care

The Hardlex crystal is designed to be scratch-resistant, but it is not impervious to all damage. Avoid impacts and contact with sharp or abrasive surfaces to maintain its clarity.

Storage

When not wearing the watch, store it in a cool, dry place away from direct sunlight, extreme temperatures, and strong magnetic fields, which can affect the accuracy of mechanical movements.

TROUBLESHOOTING

- **Watch Not Running or Losing Time:**

As an automatic watch, it requires motion to operate. If the watch has stopped, gently swing it from side to side for about 30 seconds to build up power. If it continues to stop or lose significant time after regular wear, it may require

servicing. Ensure the crown is fully pushed in and screwed down.

- **Day/Date Not Changing:**

Ensure the time is set correctly, especially AM/PM. The day/date mechanism typically changes around midnight. Avoid manually adjusting the day/date between 9 PM and 4 AM, as this can interfere with the automatic change mechanism.

- **Compass Bezel Rotates Freely:**

The crown at the 9 o'clock position for the inner compass bezel is designed to rotate freely and is not screw-down. It is normal for it to move during wear. This is not a malfunction.

- **Water Inside the Watch:**

If you notice condensation or water inside the watch, immediately take it to an authorized service center. Do not attempt to dry it yourself, as this can cause further damage. Ensure the crown was properly screwed down before water exposure.

SPECIFICATIONS

Brand	SEIKO
Model Number	SKZ211K1
Movement Type	Japanese Automatic (Cal. 7S36)
Case Material	Stainless Steel
Case Diameter	45 mm
Case Thickness	14 mm
Crystal	Hardlex
Band Material	Stainless Steel
Band Width	22 mm
Dial Color	Black
Water Resistance Depth	200 Meters (660 Feet)
Clasp Type	Foldover Clasp
Item Weight	0.37 Pounds (approx. 168 grams)

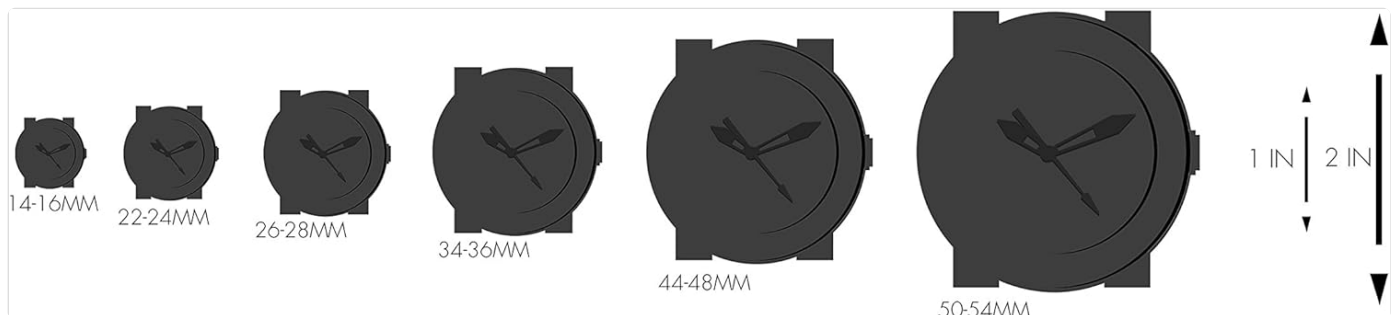


Image: A visual guide illustrating various watch case diameters for size comparison, ranging from 14-16mm to 50-54mm.

WARRANTY

This SEIKO SKZ211K1 watch comes with a manufacturer's warranty. Please refer to the warranty card or documentation included with your purchase for specific terms, conditions, and duration of coverage. Keep your proof of purchase for warranty claims.

SUPPORT

For technical assistance, repairs, or further information regarding your SEIKO watch, please contact an authorized SEIKO service center or visit the official SEIKO website. Do not attempt to open or repair the watch yourself, as this may void the warranty and cause damage.

You can find more information and support on the official SEIKO website: www.seikowatches.com

PRODUCT OVERVIEW VIDEO

Your browser does not support the video tag.

Video: An overview video from SEIKO, showcasing various aspects of watch manufacturing and design, including mountaineering and watch assembly. This video provides insight into the brand's heritage and commitment to precision.