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Timex T5E901SU

Timex Men's Ironman Triathlon Classic 30 38mm Watch

Model: T5E901SU

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Timex Men's Ironman Triathlon Classic 30 38mm Watch. Designed for durability and functionality, this watch is equipped with features essential for active lifestyles, including a chronograph, countdown timer, multiple alarms, and Indiglo night-light.





Front view of the Timex Men's Ironman Triathlon Classic 30 38mm Watch, showcasing its digital display and button layout.

KEY FEATURES

- Adjustable black 16 millimeter resin strap, fitting up to an 8-inch wrist circumference.
- 100-hour chronograph with 30-lap memory for tracking performance.
- 24-hour countdown timer with easy forward or backward setting.
- Three daily, weekday, or weekend alarms for versatile reminders.
- 24-hour military time mode and three time zones for global convenience.
- Day, date, and month calendar display.
- Gray and black 38 millimeter resin case with a durable acrylic lens.
- Gray digital display for clear readability.
- Indiglo light-up watch dial for visibility in low-light conditions.
- Water resistant to 100 meters (330 feet), suitable for swimming and snorkeling.

WATCH OVERVIEW

The Timex Ironman Triathlon Classic 30 features a robust design with clearly labeled buttons for easy navigation and function access.



Angled front view of the watch, highlighting the display and the 'START/SPLIT' and 'STOP/RESET' buttons.

Button Functions:

- **MODE:** Cycles through watch modes (Time, Chronograph, Timer, Alarm).
- **SET/RECALL:** Used to enter setting mode or recall lap memory.
- **INDIGLO:** Activates the Indiglo night-light.
- **STOP/RESET:** Stops the chronograph or timer, or resets values in setting mode.
- **START/SPLIT:** Starts the chronograph or timer, or records a lap/split time.

SETUP INSTRUCTIONS

Setting Time and Date:

1. From the Time mode, press and hold the **SET/RECALL** button until the display flashes.
2. Press **MODE** to cycle through the settings (seconds, hour, minute, year, month, day).
3. Use the **START/SPLIT** or **STOP/RESET** buttons to adjust the flashing value.
4. Once all settings are correct, press **SET/RECALL** to exit setting mode.

Setting Alarms:

1. Press **MODE** until you reach the Alarm mode (indicated by an alarm icon).
2. Press and hold **SET/RECALL** to enter alarm setting mode.
3. Use **MODE** to select the alarm (AL1, AL2, AL3) and then adjust hour and minute using **START/SPLIT** or **STOP/RESET**.
4. You can also set alarm frequency (daily, weekday, weekend) in this mode.
5. Press **SET/RECALL** to save and exit.

OPERATING INSTRUCTIONS

Using the Chronograph:

1. Press **MODE** to navigate to the Chronograph mode.
2. Press **START/SPLIT** to begin timing.
3. Press **START/SPLIT** again to record lap/split times (up to 30 laps).
4. Press **STOP/RESET** to pause the chronograph. Press again to resume or hold to reset to zero.
5. To recall lap memory, press **SET/RECALL** while in Chronograph mode.

Using the Countdown Timer:

1. Press **MODE** to navigate to the Timer mode.
2. Press and hold **SET/RECALL** to set the desired countdown time. Adjust hours, minutes, and seconds using **START/SPLIT** or **STOP/RESET**.
3. Press **SET/RECALL** to save.
4. Press **START/SPLIT** to begin the countdown.

5. The timer will beep when it reaches zero. Press **STOP/RESET** to silence and reset.

Using Indiglo Night-Light:

Press the **INDIGLO** button (top right) at any time to illuminate the watch display for a few seconds, enhancing visibility in low-light conditions.

CARE AND MAINTENANCE

Water Resistance:

Your Timex Ironman watch is water resistant to 100 meters (330 feet). This makes it suitable for swimming, showering, and snorkeling. It is **not recommended** for scuba diving or high-impact water sports where water pressure may exceed the rating.



Close-up of the watch's stainless steel back, indicating 'WATER RESISTANT 100 METERS' and 'CR2025 BATTERY'.

Do not press any buttons while the watch is submerged in water, as this can compromise the water resistance seal.

Battery Replacement:

The watch uses one CR2025 Lithium Metal battery. When the display dims or functions become erratic, it may be time to replace the battery. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and maintain water resistance.

Cleaning:

Clean your watch regularly with a soft, damp cloth. For stubborn dirt, a mild soap solution can be used, followed by rinsing with clean water and thorough drying. Avoid harsh chemicals or abrasive materials that could damage the watch case or strap.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Display is dim or blank.	Low battery.	Replace battery (CR2025).
Buttons are unresponsive.	Watch may be in a locked mode or internal issue.	Try pressing all buttons firmly. If issue persists, a battery reset may be needed by a professional.
Water inside the watch.	Seal compromised or buttons pressed underwater.	Immediately take to a qualified watch repair center to prevent further damage.
Time is inaccurate.	Battery low or watch needs to be reset.	Replace battery or follow time setting instructions.

SPECIFICATIONS

- **Model Number:** T5E901SU
- **Case Material:** Resin
- **Case Diameter:** 38 mm
- **Lens Material:** Acrylic
- **Strap Material:** Resin
- **Strap Width:** 16 mm
- **Water Resistance:** 100 meters (330 feet)
- **Battery Type:** CR2025 Lithium Metal (included)
- **Functions:** 100-hour Chronograph (30-lap memory), 24-hour Countdown Timer, 3 Alarms, 3 Time Zones, 24-hour Military Time, Day/Date/Month Calendar, Indiglo Night-Light
- **Product Dimensions:** Approximately 6 x 6 x 6 inches; 0.8 ounces







WARRANTY AND SUPPORT

Timex provides a limited warranty for its watches. For specific warranty details, please refer to the warranty card included with your purchase or visit the official Timex website. For additional support, frequently asked questions, or to download the official user manual in PDF format, please visit the Timex support page or the product's Amazon page.

Official User Manual (PDF): [Download Here](#)

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Related Documents - T5E901SU

	<p>Timex Ironman Watch User Manual</p> <p>Comprehensive user manual for the Timex Ironman watch, detailing features, operations, and maintenance. Covers time, chronograph, timer, alarms, occasions, INDIGLO night-light, water resistance, and warranty.</p>
	<p>Timex Ironman Triathlon W193 Watch User Manual</p> <p>Comprehensive user manual for the Timex Ironman Triathlon W193 watch, detailing features, basic operations, chronograph, countdown timer, alarm, Indiglo night-light, Night-Mode, water and shock resistance, battery information, and international warranty.</p>
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