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› Citizen Promaster NY0040-09EE Automatic Dive Watch User Manual

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Model: NY0040-09EE

INTRODUCTION

This manual provides comprehensive instructions for the Citizen Promaster NY0040-09EE Automatic Dive Watch. Designed for durability and precision, this timepiece features an automatic movement, a robust stainless steel case, and a water resistance rating suitable for diving. Please read this manual thoroughly to understand the functions and proper care of your watch.

PRODUCT OVERVIEW



Figure 1: Front view of the Citizen Promaster NY0040-09EE Automatic Dive Watch, showcasing the black dial, luminous markers, and rotating bezel.



Figure 2: Rear view of the watch, showing the screwed-in case back with "PROMASTER" and "CITIZEN" engravings, along with water resistance details.



Figure 3: Side profile of the watch, highlighting the crown and the textured edge of the unidirectional rotating bezel.



Figure 4: The watch's dial in low light, demonstrating the fluorescent green luminescence of the hour markers and hands for enhanced visibility.



Figure 5: The watch worn on a wrist, illustrating its size and fit with the black caoutchouc strap.

SETUP AND INITIAL ADJUSTMENT

Setting the Time and Date

1. **Unscrew the Crown:** Locate the crown on the right side of the watch case. Rotate the crown counter-clockwise until it is unscrewed and pops out slightly.
2. **First Click (Date/Day Adjustment):** Gently pull the crown out to the first click position.
 - Rotate the crown clockwise to adjust the date.
 - Rotate the crown counter-clockwise to adjust the day of the week.
 - Adjust the date and day to the previous day, as you will advance them to the current day when setting the time.
3. **Second Click (Time Adjustment):** Pull the crown out further to the second click position. The second hand will stop.
 - Rotate the crown to set the time. Advance the hands past 12 o'clock to ensure the AM/PM is correctly set (the date will change if you pass midnight).

- Set the time to the current time.
4. **Secure the Crown:** Once the time and date are set, push the crown back in fully while gently rotating it clockwise to screw it back into the case. This ensures water resistance.

OPERATING YOUR WATCH

Automatic Movement

The Citizen Promaster NY0040-09EE is powered by an automatic mechanical movement. This means it is wound by the motion of your wrist. When worn regularly, the watch will maintain its power reserve. If the watch stops due to lack of motion, it can be restarted by gently shaking it side-to-side for about 30 seconds or by manually winding it by rotating the crown clockwise while it is in the fully pushed-in and screwed-down position (approximately 40 rotations).

Unidirectional Rotating Bezel

The watch features a unidirectional rotating bezel with a minute scale. This bezel is designed to rotate only counter-clockwise to prevent accidental increases in dive time. To use it:

1. Align the bezel's zero marker with the minute hand at the start of your dive or timed event.
2. As time passes, the minute hand will indicate the elapsed time on the bezel's scale.

This feature is useful for timing events up to 60 minutes.

MAINTENANCE AND CARE

- **Cleaning:** Wipe the watch regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and mild soap, then rinse thoroughly with fresh water (ensure crown is screwed down) and dry.
- **Water Resistance:** This watch is rated for 200m (20 ATM) water resistance, suitable for professional marine activity and serious surface water sports, but not for saturation diving. Always ensure the crown is fully screwed down before exposing the watch to water. After exposure to saltwater, rinse the watch with fresh water to prevent corrosion.
- **Temperature Extremes:** Avoid exposing the watch to extreme temperatures or sudden temperature changes, as this can affect the movement and seals.
- **Magnetic Fields:** Keep the watch away from strong magnetic fields (e.g., speakers, refrigerators, mobile phones), as magnetism can affect the accuracy of the mechanical movement.
- **Servicing:** For optimal performance and longevity, it is recommended to have your watch serviced by an authorized Citizen service center every 3-5 years.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch has stopped or is running intermittently.	Insufficient power reserve.	Wear the watch regularly for at least 8 hours a day, or manually wind it by rotating the crown clockwise (screwed-down position) about 40 times.
Time is inaccurate.	Exposure to strong magnetic fields; needs regulation; low power reserve.	Demagnetize the watch (professional service recommended); ensure sufficient power reserve; if problem persists, seek professional service.

Problem	Possible Cause	Solution
Date/Day does not change at midnight.	Time is set to AM instead of PM, or vice versa.	Advance the time by 12 hours. Ensure the date changes when passing midnight.
Crown cannot be screwed down.	Misaligned threads or debris.	Gently push in and rotate clockwise. Do not force. If resistance continues, seek professional service to avoid damage to water resistance.

SPECIFICATIONS

Feature	Detail
Model Number	NY0040-09EE
Movement	Automatic (Miyota 8203/8024, depending on production batch)
Case Material	Stainless Steel (brushed/polished)
Case Diameter (without crown)	42 mm / 1.65 inches
Case Height	13 mm / 0.51 inches
Crystal	Mineral Crystal
Bezel	Stainless Steel, Unidirectional (left-turning) with Minute Scale
Dial Color	Black
Illumination	Fluorescent (green) on hands and markers
Strap Material	Caouchouc (Rubber)
Strap Width	22 mm / 0.87 inches
Clasp	Buckle Clasp
Water Resistance	200m / 20 ATM (ISO Compliant)
Calendar	Day + Date
Weight	93 g / 3.28 ounces

WARRANTY AND SUPPORT

Your Citizen Promaster NY0040-09EE watch comes with a **2 Years Manufacturer's Guarantee**. This guarantee covers manufacturing defects under normal use. Please retain your proof of purchase for warranty claims.

For warranty service, repairs, or technical support, please contact an authorized Citizen service center. You can find contact information and service locations on the official Citizen website.

Official Citizen Website: www.citizenwatch.com

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question