

TANITA 1631

TANITA Model 1631 Digital Solar Health Scale User Manual

Model: 1631

Brand: TANITA

1. INTRODUCTION

Thank you for purchasing the TANITA Model 1631 Digital Solar Health Scale. This manual provides essential information for the safe and effective use of your new scale. Please read it thoroughly before use and keep it for future reference.

The TANITA 1631 is a battery-free, solar-powered digital health scale designed for convenient weight measurement. It features a clear LCD display and a maximum capacity of 150kg.

2. PRODUCT OVERVIEW



Image 1: Front view of the TANITA Model 1631 Digital Solar Health Scale. The scale is white with a grey LCD display

showing "53.5 kg". Below the display is a solar panel.

Key Features:

- **Solar Powered:** Operates without batteries, utilizing ambient light.
- **High Capacity:** Measures up to 150 kg (330 lbs).
- **Precise Measurement:** Displays in 500g increments for weights between 2kg and 100kg, and 1kg increments for weights between 100kg and 150kg.
- **Clear LCD Display:** Easy-to-read digital display with 23.5mm character height.
- **Compact Design:** White finish, suitable for various bathroom decors.

Components:

- Weighing Platform
- LCD Display
- Solar Panel (located below the display)

3. SETUP

1. **Unpacking:** Carefully remove the scale from its packaging. Retain packaging for storage or transport.
2. **Placement:** Place the scale on a hard, flat, and stable surface. Avoid carpets or uneven flooring, as this can affect accuracy.
3. **Light Exposure:** Ensure the solar panel receives sufficient ambient light. The scale is designed to operate in normal indoor lighting conditions. Direct sunlight is not required but can help charge faster if the internal capacitor is depleted.
4. **Initial Activation:** Step onto the scale briefly to activate it. The display should light up. If the display does not light up, ensure it is in a well-lit area.

4. OPERATING INSTRUCTIONS

1. **Step On:** Gently step onto the center of the scale with bare feet. Stand still and distribute your weight evenly.
2. **Read Measurement:** Your weight will be displayed on the LCD screen. Wait for the reading to stabilize.
3. **Step Off:** Once your weight is displayed, you may step off the scale. The scale will automatically turn off after a few seconds to conserve power.
4. **Consistent Measurement:** For consistent readings, weigh yourself at the same time each day, preferably in the morning before breakfast and after using the restroom.

5. MAINTENANCE

- **Cleaning:** Wipe the scale surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the scale in water.
- **Storage:** Store the scale in a cool, dry place away from direct sunlight and extreme temperatures.
- **Solar Panel:** Keep the solar panel clean and free from dust or obstructions to ensure optimal charging.

- **Avoid Impact:** Do not drop the scale or subject it to heavy impact, as this may damage the internal components.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Display does not light up.	Insufficient light for solar panel.	Move the scale to a brighter area. Allow time for the solar panel to charge the internal capacitor.
Inaccurate readings.	Scale on an uneven surface; movement during measurement; scale not calibrated.	Place the scale on a hard, flat surface. Stand still during measurement. Step on and off the scale once to calibrate before taking a reading.
"Err" or other error message.	Overload (weight exceeds 150kg); internal error.	Ensure weight is within capacity. If error persists, contact customer support.

7. SPECIFICATIONS

Feature	Detail
Model Number	1631
Brand	TANITA
Power Source	Solar Battery (Battery-free operation)
Maximum Capacity	150 kg
Minimum Display Increment	500g (for 2kg to 100kg), 1kg (for 100kg to 150kg)
Display Type	LCD
Display Character Height	23.5 mm
Color	White
Dimensions (Approx.)	34.8 x 34.4 x 6.4 cm
Weight (Approx.)	2258.93 grams



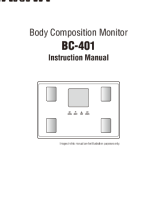


8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or visit the official TANITA website. Keep your proof of purchase for warranty claims.

For further assistance, you may contact TANITA customer service through their official channels. Please have your model number (1631) ready when contacting support.

Note: Specific warranty terms may vary by region.

Related Documents - 1631

	<p>Tanita BC-585F Body Composition Monitor User Manual</p> <p>Comprehensive user manual for the Tanita BC-585F Body Composition Monitor, covering setup, features, operation, and troubleshooting. Learn how to accurately measure body composition, store personal data, and understand readings.</p>
	<p>Pairing Your Tanita Scale with the My Tanita Healthcare App</p> <p>A step-by-step guide to pairing your Tanita body composition scale with the My Tanita Healthcare app for seamless data syncing and health tracking.</p>
	<p>Tanita BC-401 Body Composition Monitor Instruction Manual</p> <p>Comprehensive instruction manual for the Tanita BC-401 Body Composition Monitor. Learn how to set up, use, and maintain your device for accurate body composition analysis, including weight, body fat, and muscle mass tracking. Features safety precautions and troubleshooting tips.</p>
	<p>Tanita BC401 Smart Body Composition Scale - Black</p> <p>The Tanita BC401 is an intelligent black scale designed for precise body composition analysis and metabolic age measurement. It provides a comprehensive body analysis using 10 different measurement parameters, including weight, body fat, muscle mass, body water, BMR, BMI, bone mass, body composition, and metabolic age. The scale automatically recognizes up to 5 users, allowing for easy tracking of goals and progress. Connect with the free My Tanita app, Google Fit, and Apple Health to monitor your health data. It includes a user manual and operates on one battery, weighing 1.82 kg.</p>
	<p>Tanita BC730 Body Composition Scale User Manual and Warranty</p> <p>Comprehensive guide to using the Tanita BC730 compact and lightweight body composition scale, including operating instructions, health metrics, and warranty information.</p>

TANITA MANUAL

Body Composition Monitor



- Model: BC-730**
- Important Manual**
Read this instruction manual carefully and keep for future reference.
 - Intended Audience**
This manual is intended for use by health professionals only.
 - Read & Follow**
Read and follow the instructions carefully to ensure accurate results.
 - Safe Use**
Use the device only as intended. Do not use for medical diagnosis or treatment.
 - Warranty**
The device is warranted for one year from the date of purchase.
 - Manual de instrucciones**
Este manual de instrucciones debe leerse cuidadosamente y guardarse para futuras referencias.
 - Manuale di istruzioni**
Questo manuale di istruzioni deve essere letto attentamente e conservato per future consultazioni.

[Tanita BC-730 Body Composition Monitor Instruction Manual](#)

Comprehensive instruction manual for the Tanita BC-730 Body Composition Monitor, covering setup, features, accurate readings, troubleshooting, and specifications. Learn how to use your Tanita monitor for optimal health tracking.