

Efbe-Schott SC OKB 912

Efbe-Schott SC OKB 912 Upper Body Tanning Lamp Instruction Manual

Model: SC OKB 912 | Brand: Efbe-Schott

1. INTRODUCTION

This manual provides essential information for the safe and effective operation of your Efbe-Schott SC OKB 912 Upper Body Tanning Lamp. Please read all instructions carefully before first use and retain this manual for future reference.

The Efbe-Schott SC OKB 912 is designed for targeted tanning of the face, neck, and décolleté. It features a 440W UV-A lamp, a precise timer, automatic shut-off, and a memory function for up to four users, all within a compact and portable design.

2. IMPORTANT SAFETY INSTRUCTIONS

WARNING: Failure to follow these safety instructions may result in injury or damage to the product.

- **Eye Protection:** Always wear the provided protective goggles during operation. Never look directly into the lamp. Prolonged exposure to UV radiation can cause eye damage.
- **Skin Protection:** UV radiation can cause skin aging and increase the risk of skin cancer. Follow the recommended exposure times and distances based on your skin type. Avoid overexposure.
- **Skin Type Classification:** Consult the included irradiation plan to determine your skin type and appropriate session durations. Do not exceed recommended times.
- **Distance:** Maintain the recommended distance from the lamp (initially 120 cm) to prevent burns. Adjust distance only as per the irradiation plan.
- **Session Frequency:** Allow sufficient time between tanning sessions (e.g., 24-48 hours) to allow skin to recover.
- **Ventilation:** Use the appliance in a well-ventilated room.
- **Children and Pets:** Keep the appliance out of reach of children and pets. Ensure no one else is in the room during operation without proper eye protection.
- **Medical Conditions:** Consult a physician before use if you are pregnant, have skin conditions, are taking photosensitizing medications, or have a history of skin cancer.

- **Power Supply:** Connect the unit only to a 230V AC power outlet. Do not use if the power cord or plug is damaged.
- **Moisture:** Do not use the appliance near water or in damp environments.
- **Modifications:** Do not attempt to modify or repair the appliance yourself. Contact qualified service personnel.

3. PACKAGE CONTENTS

Verify that all items are present in the package:

- 1 x Efbe-Schott SC OKB 912 Upper Body Tanning Lamp
- 2 x Pairs of Protective Goggles
- 1 x Instruction Manual with Irradiation Plan and Skin Type Classification

4. SETUP

1. **Placement:** Place the tanning lamp on a stable, flat, and heat-resistant surface. Ensure there is sufficient clear space around the unit for ventilation.
2. **Power Connection:** Locate the power cable storage compartment on the unit. Uncoil the power cable and plug it securely into a standard 230V AC electrical outlet.
3. **Positioning:** Position the lamp so that the tanning surface is directed towards the area of your upper body you wish to tan (face, neck, décolleté).



Figure 1: Front view of the Efbe-Schott SC OKB 912 Upper Body Tanning Lamp. The unit is off-white with a large rectangular tanning surface. On the lower right, there is a circular timer dial with settings from 0 to 30 minutes, and three smaller circular buttons vertically aligned on the left side.

5. OPERATION

1. **Prepare for Session:** Ensure your skin is clean and free of cosmetics, perfumes, or sunscreens. Put on the provided protective goggles.
2. **Set Distance:** Position yourself at the recommended distance from the lamp, as specified in the irradiation plan for your skin type. Start with the maximum recommended distance (e.g., 120 cm).
3. **Set Timer:** Rotate the timer knob to select your desired tanning session duration. The timer can be set for up to 30 minutes. Refer to the irradiation plan for appropriate times.
4. **Start Tanning:** Press the On/Off button to start the lamp. The lamp will illuminate, and the timer will

begin counting down.

5. **During Session:** Remain still and ensure the target area is evenly exposed. Do not remove your protective goggles.
6. **Automatic Shut-off:** The lamp will automatically turn off once the set time has elapsed.
7. **Memory Function:** The unit includes a memory function for up to 4 users. Consult the detailed manual for instructions on how to set and recall individual user settings.

6. USAGE GUIDELINES AND IRRADIATION PLAN

Adhering to the usage guidelines is critical for safe and effective tanning. The included instruction manual contains a detailed irradiation plan and skin type classification chart. Please consult it thoroughly.

- **Skin Type Classification:** Identify your skin type (e.g., Type I, II, III, IV) using the provided chart. This will determine your initial exposure times and progression.
- **Initial Sessions:** Begin with the shortest recommended session duration and the greatest recommended distance (e.g., 120 cm) for your skin type.
- **Gradual Increase:** Gradually increase session duration and/or decrease distance only as advised by the irradiation plan and based on your skin's reaction. Never rush the process.
- **Rest Periods:** Always observe the recommended rest periods between sessions (typically 24 to 48 hours) to prevent overexposure and allow your skin to recover.
- **Monitoring Skin:** Pay close attention to your skin's reaction. If you experience redness, discomfort, or burning, discontinue use immediately and consult a medical professional if symptoms persist.

7. MAINTENANCE AND CARE

- **Cleaning:** Before cleaning, always unplug the appliance from the power outlet. Use a soft, slightly damp cloth to wipe the exterior surfaces. Do not use abrasive cleaners, solvents, or harsh chemicals, as these can damage the unit.
- **Storage:** When not in use, store the tanning lamp in a dry, cool place, away from direct sunlight and moisture. Utilize the integrated cable compartment for neat storage of the power cord. The compact design and top handle facilitate easy transport and storage.
- **Lamp Replacement:** The UV-A lamp has a limited lifespan. If the lamp's performance diminishes, it may need replacement. Consult the full instruction manual or contact Efbe-Schott customer service for information on compatible replacement lamps and replacement procedures.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Lamp does not turn on.	Not plugged in; power outage; timer not set; faulty lamp.	Check power connection; verify power supply; set timer; contact service if lamp is faulty.
Uneven tanning results.	Incorrect positioning; inconsistent distance; movement during session.	Ensure consistent positioning and distance; remain still during session.
Skin irritation or redness.	Overexposure; too close to lamp; sensitive skin.	Reduce session time; increase distance; consult irradiation plan; discontinue use if severe.

If you encounter problems not listed here or if solutions do not resolve the issue, please contact Efbe-Schott customer support.

9. SPECIFICATIONS

- **Model:** SC OKB 912
- **Brand:** Efbe-Schott
- **Power:** 440 W
- **Lamp Type:** UV-A, Halogen Metal Spot (400W)
- **Voltage:** 230 V
- **Maximum Timer Setting:** 30 minutes
- **Dimensions (L x W x H):** 37.5 x 24 x 53 cm
- **Weight:** 6.7 kg
- **Color:** White
- **Features:** Automatic shut-off, 4-person memory function, cable compartment, carrying handle.

10. WARRANTY AND SUPPORT

For warranty information, please refer to the documentation provided at the time of purchase. Efbe-Schott products are designed for reliability and performance. Should you require technical assistance, spare parts, or have questions regarding the operation of your SC OKB 912 tanning lamp, please contact Efbe-Schott customer service through their official website or the contact details provided in your purchase documentation.

Please have your model number (SC OKB 912) and purchase date ready when contacting support.