



Manuals.plus /

› HoMedics /

› HoMedics PAR-250 Paraffin Bath Instruction Manual

HoMedics PAR-250

HoMedics PAR-250 Paraffin Bath Instruction Manual

Model: PAR-250

1. INTRODUCTION

This manual provides essential instructions for the safe and effective use of your HoMedics PAR-250 Paraffin Bath. Please read this manual thoroughly before operating the device and retain it for future reference. The HoMedics PAR-250 is designed to provide paraffin wax treatments for softening and smoothing skin on hands, feet, and elbows, and to help soothe sore muscles and aching joints.

2. IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons. Read all instructions before using this appliance.

- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not reach for an appliance that has fallen into water. Unplug it immediately.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink.
- Do not place in or drop into water or other liquid.
- Never leave an appliance unattended when plugged in.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by HoMedics.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to a HoMedics Service Center for examination and repair.
- Keep cord away from heated surfaces.
- Never use while sleeping or drowsy.

- Never drop or insert any object into any opening.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not use outdoors.
- Do not use on sensitive skin or in the presence of poor circulation.
- Do not use on open wounds, warts, or sunburned skin.
- Consult your physician before using if you have diabetes or any other medical condition.
- The wax can be hot. Always test the wax temperature on a small area of skin before full application.

3. PACKAGE CONTENTS

- HoMedics PAR-250 Paraffin Bath Unit
- 6 pounds of pure, hypoallergenic paraffin wax
- 60 plastic liners

4. PRODUCT FEATURES

- Paraffin heat treatment for softening and smoothing skin.
- Adjustable heat control to soothe sore muscles and aching joints.
- Cool-touch tub design for safety.
- LED illuminated controls for clear operation.
- Integrated cord-wrap for convenient storage.
- Tub capacity for up to 6 pounds of paraffin wax.



Figure 1: HoMedics PAR-250 Paraffin Bath Unit. This image displays the HoMedics PAR-250 Paraffin Bath. The unit is white with a blue lid and a blue base. On the front, there is a control panel with a dial and indicator lights for 'Heater' and 'Power'. The overall shape is oval, designed to accommodate hands, feet, or elbows.

5. SETUP INSTRUCTIONS

1. **Placement:** Place the paraffin bath on a flat, sturdy, heat-resistant surface. Ensure it is away from water sources and out of reach of children.
2. **Add Wax:** Open the lid and place the included 6 pounds of paraffin wax into the tub. Ensure the wax is evenly distributed.
3. **Power Connection:** Plug the power cord into a standard electrical outlet.
4. **Melt Wax:** Turn the control dial to the "HEAT" setting. The heater indicator light will illuminate. Allow approximately 2-3 hours for the wax to fully melt. The melting time may vary based on ambient temperature.
5. **Temperature Check:** Once the wax is completely melted, turn the control dial to the "WARM" setting. Wait for approximately 20 minutes to allow the wax to cool slightly and reach a comfortable, safe temperature for application. Always test the wax temperature on a small area of your wrist before immersing hands or feet. The wax should feel warm and comfortable, not excessively hot.

6. OPERATING INSTRUCTIONS

Follow these steps for a paraffin wax treatment:

1. **Preparation:** Ensure the wax is melted and at a safe, comfortable temperature (refer to "Temperature Check" in Setup). Wash and dry the area to be treated (hands, feet, or elbows) thoroughly. Remove any jewelry.
2. **First Dip:** Slowly immerse the hand, foot, or elbow into the melted paraffin wax. Ensure the entire area is covered.
3. **Withdraw and Re-dip:** Slowly withdraw the treated area from the wax, allowing the wax to solidify for a few seconds. Repeat this dipping process 6 to 10 times to build up several layers of wax.
4. **Retain Heat:** For a longer heat treatment, immediately place a plastic liner (provided) over the waxed area. This helps to retain the heat and moisture.
5. **Relaxation:** Allow the wax to remain on the skin for 10-15 minutes, or until the heat dissipates.
6. **Remove Wax:** Peel off the solidified wax. The wax should come off easily, taking dead skin cells with it. Discard the used wax.
7. **Post-Treatment:** After removing the wax, you may apply a moisturizer to the treated area.

Note: If multiple users are using the paraffin bath, it is recommended to discard the used wax after each treatment for hygiene purposes. If only one person uses the bath, the wax can be returned to the tub for re-melting.

7. MAINTENANCE AND CLEANING

Proper maintenance ensures the longevity and hygiene of your paraffin bath.

- **Cleaning the Unit:** Unplug the unit and allow it to cool completely before cleaning. If wax spills on the exterior or lid, allow it to harden, then gently scrape it off. Use a soft, damp cloth to wipe down the exterior. Do not use abrasive cleaners or immerse the unit in water.
- **Wax Replacement:** Over time, the paraffin wax may accumulate sediment or lose its effectiveness. It is recommended to replace the wax periodically, especially if it appears discolored or contains debris.
- **Storage:** When not in use, ensure the unit is unplugged and cooled. Store it in a cool, dry place with the lid securely in place. Use the integrated cord-wrap for tidy storage.

8. TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|-----------------------------|---|--|
| Unit does not turn on. | Not plugged in; power outlet issue; unit malfunction. | Ensure power cord is securely plugged into a working outlet. Check household circuit breaker. If problem persists, contact customer support. |
| Wax is not melting. | Unit not set to "HEAT"; insufficient time for melting. | Ensure the control dial is set to "HEAT". Allow adequate time (2-3 hours) for the wax to fully melt. |
| Wax is too hot or too cold. | Incorrect temperature setting; not enough time on "WARM" setting. | After melting, switch to "WARM" and wait 20 minutes. Always test wax temperature on wrist before use. Adjust dial as needed. |

9. SPECIFICATIONS

- **Model Number:** PAR-250
- **Manufacturer:** HoMedics
- **Product Dimensions:** 18.75 x 11.5 x 9.25 inches
- **Weight:** 12 Pounds (including initial wax)

10. WARRANTY AND SUPPORT

The HoMedics PAR-250 Paraffin Bath carries a one-year warranty against defects from the date of purchase. This warranty covers manufacturing defects under normal use. It does not cover damage caused by misuse, abuse, accident, unauthorized alteration, or any other conditions beyond the control of HoMedics.

For warranty claims or technical support, please contact HoMedics customer service. Please have your model number and proof of purchase available.