

Human Touch 100-SANA-003

Human Touch SANA Zero Gravity Full-Body Massage Chair

Model: 100-SANA-003

INTRODUCTION

This manual provides essential information for the safe and effective operation, setup, and maintenance of your Human Touch SANA Zero Gravity Full-Body Massage Chair. Please read this manual thoroughly before using the product and retain it for future reference.

IMPORTANT SAFETY INFORMATION

WARNING: To reduce the risk of electric shock, burns, fire, or injury, observe the following precautions:

- Always read and follow the instructions provided with this product.
- Keep the chair on a stable, level surface.
- Do not use the chair if you have any health conditions that could be exacerbated by heat, massage, or zero-gravity positioning. Consult a physician before use if you have pre-existing medical conditions.
- Always supervise children when they are near the chair to prevent injury.
- Do not insert any objects into the chair's openings.
- Unplug the chair from the electrical outlet when not in use or before cleaning.

SETUP

Unpacking and Placement

Your Human Touch SANA massage chair arrives fully assembled. Carefully remove all packaging materials.

Doorway Clearance: The chair requires a minimum doorway clearance of 27 inches (68.6 cm) for passage. Measure your doorways to ensure the chair can be moved to its desired location.



Figure 1: Chair Dimensions. The chair measures approximately 61 inches deep, 29 inches wide, and 45 inches high.

Power Connection

Connect the power cord to a grounded electrical outlet. Ensure the power switch on the chair is in the "OFF" position before plugging it in.

OPERATING INSTRUCTIONS

Remote Control Overview

The Human Touch SANA massage chair is operated using the included remote control with an advanced LCD display. Familiarize yourself with the buttons and display before use.

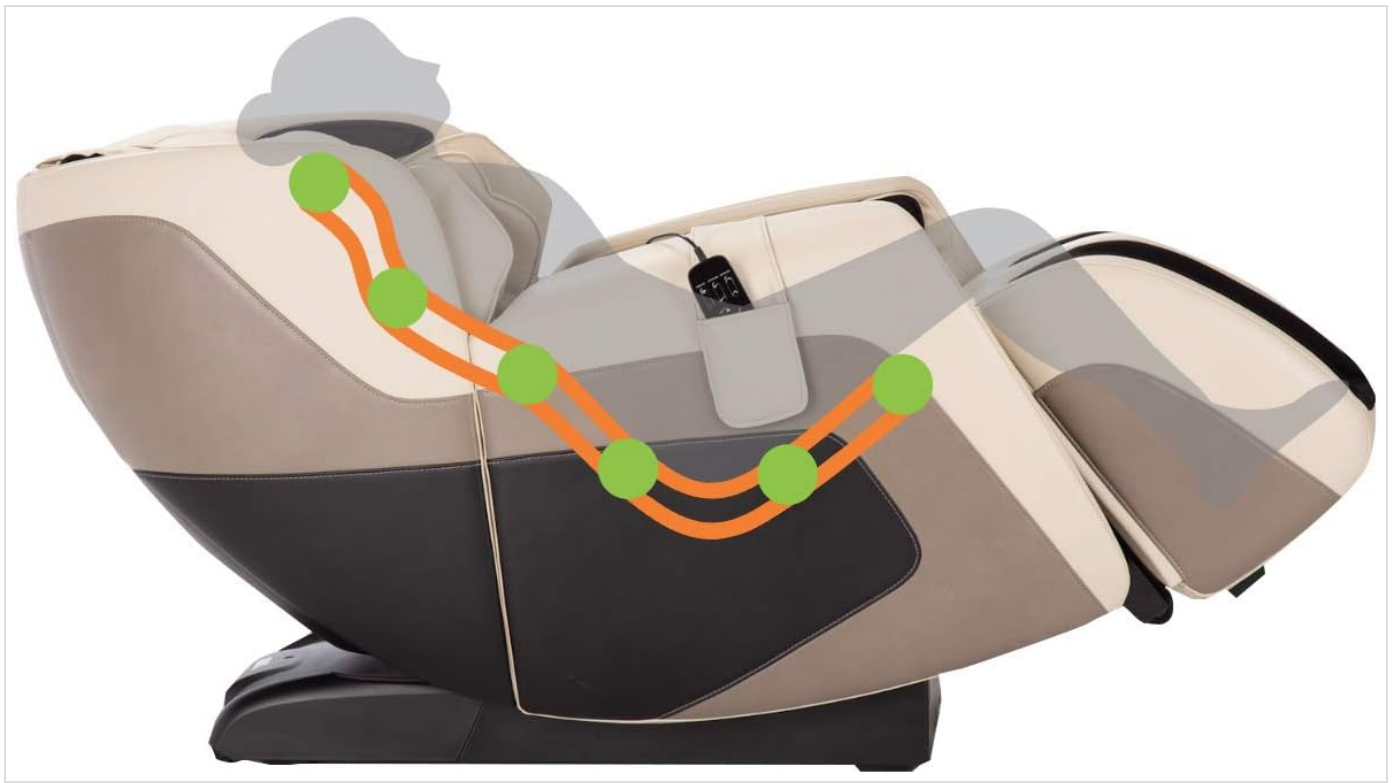


Figure 2: Remote Control. The remote allows selection of massage programs, intensity, heat, and recline positions.

Starting a Massage Program

1. Ensure the chair is powered on.
2. Use the remote control to select one of the 9 auto-programmed massages, such as Full-Body, Stretch, or Recovery.
3. Adjust settings like intensity, heat, and recline position as desired.

Key Features

- **9 Auto-Programmed Massages:** Choose from various pre-set programs for different massage experiences.
- **Dual Lumbar Heat Technology:** Provides soothing heat to the back and lumbar area. Activate this feature via the remote control.
- **S- & L-Track Massage:** Rollers follow the natural curvature of your spine from neck to glutes and thighs.
- **Cloud Touch Acupressure:** Strategically placed air cells apply pressure to key points for tension relief and circulation.
- **Zero Gravity Positioning:** Reclines the chair to elevate your legs above your heart, reducing pressure on the spine. Activate using the dedicated button on the remote.
- **Orbital Calf & Foot Massage:** Under-foot rollers and calf massage provide comprehensive lower body relief.
- **Bluetooth Speakers:** Connect your device wirelessly to enjoy audio during your massage.
- **USB Port:** Charge your electronic devices while using the chair.



Figure 3: Human Touch SANA Massage Chair. The chair features an ergonomic design with extended leg rest.



Figure 4: S- and L-Track Massage System. This internal mechanism provides comprehensive back and glute massage.

MAINTENANCE

Cleaning Instructions

Product Care: Spot wash only. Use a soft, damp cloth with mild soap to clean the chair's surfaces. Avoid harsh chemicals or abrasive cleaners, as these can damage the upholstery.

- Ensure the chair is unplugged before cleaning.
- Do not saturate the fabric or allow water to enter internal components.
- Wipe dry immediately after cleaning.

TROUBLESHOOTING

Common Issues and Solutions

- **Chair does not power on:**
 - Check if the power cord is securely plugged into both the chair and a working electrical outlet.
 - Ensure the power switch on the chair is in the "ON" position.
- **Remote control is unresponsive or desynchronized:**
 - Verify that the remote control's batteries (if applicable) are correctly installed and not depleted.

- Try unplugging the chair from the wall outlet for 30 seconds, then plug it back in. This may reset the system and resynchronize the remote.
- If the issue persists, contact Human Touch customer support for assistance.
- **Massage intensity feels too strong or too weak:**
 - Adjust the intensity settings using the remote control.
 - Ensure you are properly seated and aligned within the chair.

SPECIFICATIONS

Brand	Human Touch
Model Name	Human Touch Sana Massage Chair
Item Model Number	100-SANA-003
Color	Cream
Product Dimensions (D x W x H)	61" x 29" x 45" (155 cm x 74 cm x 114 cm)
Item Weight	207 pounds (93.9 kg)
Material	Foam (Fill Material)
Special Feature	Adjustable
Reclining Position Count	2
UPC	045915033002
Assembly Required	No

WARRANTY INFORMATION

The Human Touch SANA massage chair comes with the following warranty:

- **1 year:** In-home service.
- **3 years:** Parts.
- **5 years:** Structural components.






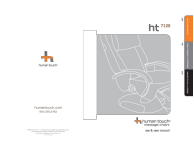
Please retain your proof of purchase for warranty claims. For detailed terms and conditions, refer to the warranty card included with your product or visit the official Human Touch website.

CUSTOMER SUPPORT

For technical assistance, troubleshooting not covered in this manual, or warranty inquiries, please contact Human Touch customer support.

Visit the official Human Touch website for contact information and additional resources:www.humantouch.com

Related Documents - 100-SANA-003

	<p>Human Touch SANA Massage Chair - Use & Care Manual</p> <p>Comprehensive guide for the Human Touch SANA massage chair, covering setup, operation, features, safety, and maintenance. Learn how to use auto and manual massage modes, adjust settings, and care for your chair.</p>
	<p>Human Touch SANA Massage Chair: Use & Care Manual</p> <p>Comprehensive use and care manual for the Human Touch SANA massage chair. Learn about setup, operation, safety instructions, maintenance, and specifications for your SANA massage chair.</p>
	<p>Human Touch PCX720 Zero-Gravity Recliner: Use and Care Manual</p> <p>Discover how to assemble, operate, and maintain your Human Touch PCX720 Zero-Gravity Recliner. This guide covers safety instructions, features like PRO mode, and care tips for optimal performance.</p>
	<p>Human Touch Circa ZG Chair: Use & Care Manual for Zero Gravity Recliner</p> <p>Comprehensive use and care manual for the Human Touch Circa ZG Chair, detailing setup, operation, safety instructions, and maintenance for this zero gravity massage recliner.</p>
	<p>Human Touch Super Novo X Massage Chair Remote Control User Guide</p> <p>Comprehensive user guide for the Human Touch Super Novo X massage chair remote control, covering quick adjustments, fast-access controls, shoulder height settings, and app integration.</p>
	<p>Human Touch HT-7120 Massage Chair Use and Care Manual</p> <p>Comprehensive guide for the Human Touch HT-7120 massage chair, covering setup, operation, safety instructions, maintenance, and specifications.</p>