

Psychosexology: The Manual for the Sexual Counselor

By Salvatore Capodieci and Stefano Sanzovo

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1. INTRODUCTION TO THE MANUAL

This manual, *Psychosexology: The Manual for the Sexual Counselor*, addresses a critical gap in the training of medical and psychological professionals. It acknowledges that university curricula often lack comprehensive sexology courses or limit them to the study of sexual dysfunctions. Consequently, many therapists may not possess the specialized training required to effectively explore emotions, thoughts, and behaviors related to human sexuality.

The book serves as an essential resource for clinicians and professionals seeking to enhance their understanding and practical skills in psychosexology. It aims to provide an updated and thorough overview of key sexological topics, guiding readers through assessment and educational-counseling interventions.

2. CONTENT OVERVIEW

Each chapter within this manual contributes to an updated understanding of significant sexological themes. The content is structured to support clinicians in developing their expertise across a range of complex areas. Key topics covered include:

- **Sexual Dysfunctions:** Comprehensive approaches to assessment and intervention.
- **Sexting Abuse:** Understanding and addressing the implications of sexting abuse.
- **Gender Dysphoria:** Clinical perspectives and support strategies.
- **Sexuality in Physical Illnesses and Disabilities:** Navigating sexual health challenges in specific populations.
- **Sexual Addiction:** Identification, assessment, and therapeutic interventions.
- **Paraphilias and Sexual Aggression:** Clinical understanding and management.

The manual also includes a sociological and psychotherapeutic reflection on the broader dimension of sexuality, offering a holistic perspective on the subject.

3. TARGET AUDIENCE

This book is primarily intended for:

- **Clinicians:** Including doctors, psychologists, and other healthcare professionals.
- **Students:** Those pursuing studies in medicine, psychology, or related fields.
- **Educators and Counselors:** Individuals involved in sexual education and counseling.
- **Anyone** interested in deepening their knowledge of sexual education and counseling.

It serves as both a theoretical and practical resource, enriching the professional toolkit of clinicians and providing fundamental insights for anyone engaged with the field of sexology.

4. BOOK SPECIFICATIONS

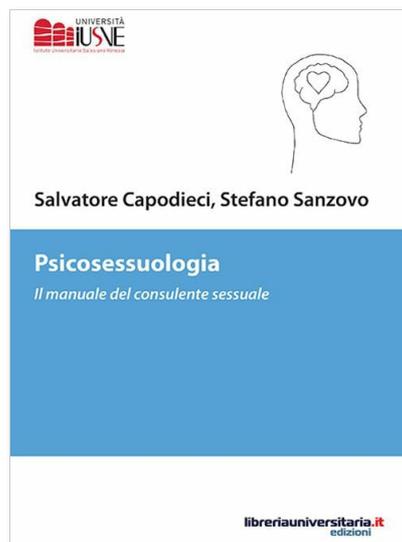


Image: Front cover of the book "Psychosexologia: The Manual for the Sexual Counselor". The cover features the title prominently with a professional design.

Detailed Product Information

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