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**Domingo 605198402X**

# Disgruntled

A NOVEL BY BEATRIZ SERRANO

## About the Book

"Disgruntled" by Beatriz Serrano explores the experiences of Marisa, a woman in her early thirties living in Madrid. Employed at an advertising agency, Marisa finds her work environment dissatisfying. She navigates her workdays with a routine involving online videos and calming aids. Her discontent extends to her job, colleagues, corporate communication, and workplace culture. Despite her dissatisfaction, she continues her routine, finding it more challenging to confront or change her circumstances.

As a company team-building retreat approaches, Marisa's carefully maintained composure begins to falter. A weekend spent with co-workers starts to reveal cracks in her long-standing social facade. Suppressed past experiences, unacknowledged anger, and a growing sense of weariness eventually surface, impacting not only Marisa but also those around her.

"Disgruntled" is a novel that examines the subtle erosion of spirit in modern life, addressing unseen fatigue and the pressure to appear strong. Beatriz Serrano uses nuanced humor to question concepts such as success, loneliness, and belonging, inviting readers to reflect on their own feelings of dissatisfaction.



Image: Front cover of the novel "Disgruntled" (Hoşnutsuz).

## About the Author

Born in Madrid in 1989, Beatriz Serrano grew up in Valencia. After graduating from the Complutense University (Madrid) with a degree in Journalism, she specialized in digital journalism. She wrote for publications such as BuzzFeed, Vanity Fair, GQ, Vogue, and S Moda; she currently works for El País and co-hosts the award-winning podcast "Arsénico Caviar" with Guillermo Alonso. Her debut novel, "Disgruntled," which addresses burnout in professional life with a humorous tone and connects strongly with the younger generation, has been translated into many languages.

#### YAZAR HAKKINDA

1989 yılında Madrid'de doğan Beatriz Serrano, Valensiya'da büyüdü. Complutense Üniversitesi (Madrid) Gazetecilik Bölümü'nden mezun olduktan sonra dijital gazetecilikte uzmanlaştı. BuzzFeed, *Vanity Fair*, *GQ*, *Vogue*, *S Moda* gibi dergilerde yazdı; halen *El País*'ta çalışmakta ve Guillermo Alonso ile birlikte "Arsénico Caviar" adlı ödüllü podcast'i yönetmektedir. İş hayatındaki tükenmişliği mizahi bir dille ele alarak genç kuşakla güçlü bir bağ kurduğu ilk romanı *Hoşnutsuz*, pek çok dile çevrildi.

Image: Biographical information page for Beatriz Serrano.

## Book Details and Specifications

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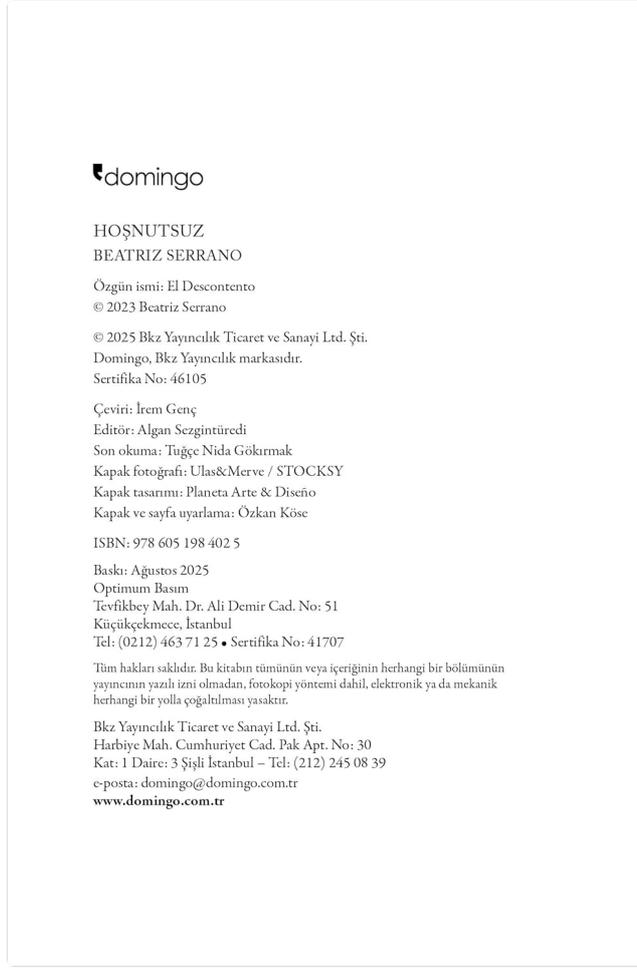


Image: Copyright and publication details page.

## Dedication

*"To my mother Lola Molina and my father Javier Serrano. To all the people who wake up every morning and reluctantly go to work."*

*Annem Lola Molina ve babam Javier Serrano'ya.  
Her sabah uyanıp isteksizce işe giden  
tüm insanlara.*

Image: Dedication page of the book.

## Key Excerpts and Themes

The novel opens with a poignant quote that sets the tone for Marisa's journey:

*"I was looking for a job and then I found a job and heaven knows I'm miserable now."*

*The Smiths, "Heaven Knows I'm Miserable Now"*

This is followed by a reflection on the human condition:

*"If a person makes a certain effort to appear normal, they gain time to truly be the person they want to be."*

*Georgi Gospodinov, The Physics of Sorrow*

The narrative is divided into parts, with the first part titled:

### **PART ONE: LOOKING INSIDE IS DANGEROUS**

*I was looking for a job and then I found a job  
and heaven knows I'm miserable now.\**

The Smiths, "Heaven Knows I'm Miserable Now"

İnsan normal görünmek için belirli bir çaba harcarsa  
gerçekten istediği kişi olabilmek için zaman kazanır.

Georgi Gospodinov, *Hüzün Fizikî*

\* Bir iş arıyordum, sonra bir iş buldum ve Tanrı biliyor ya, şimdi mutsuzum. (ç.n.)

Image: Page with introductory quotes.

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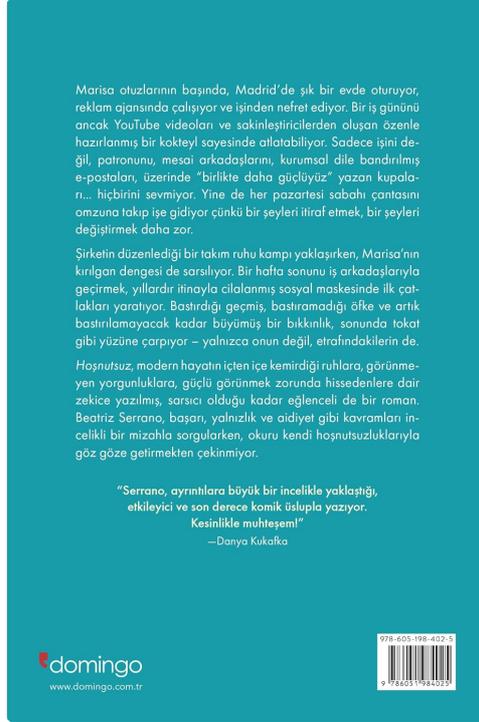


Image: Back cover with publisher details and ISBN barcode.