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Watkins Publishing Ninja Skills (ISBN-10: 1786780623)

Ninja Skills: The Authentic Ninja Training Manual

By ANTONY CUMMINS

Introduction to the Manual

This manual serves as a comprehensive guide to the historical teachings and techniques of the ninja, also known as shinobi. Drawing directly from authentic Japanese scrolls, this resource provides an informational overview of ninja warfare, strategies, and skills. It aims to present accurate historical context, distinguishing it from modern fictional portrayals.

Antony
Cummins



The Authentic Ninja
Training Manual

NINJA *Skills*

This image displays the front cover of the book 'Ninja Skills: The Authentic Ninja Training Manual'. It features the author's name, Antony Cummins, at the top. A red circle in the center contains a silhouette of a figure holding a weapon, alongside Japanese calligraphy. The title 'NINJA Skills' is prominently displayed at the bottom.

How to Use This Manual

This manual is structured into 150 distinct lessons, designed for clear understanding and application. Each lesson is presented in an accessible 'how-to' format, often accompanied by illustrations. Readers are encouraged to approach the content systematically, focusing on one lesson at a time to fully grasp the concepts and techniques described.

The content is organized to facilitate learning about various aspects of historical ninja practices, from infiltration methods to combat techniques and survival skills. While the manual provides detailed descriptions, practical application requires careful study and interpretation of the historical context.

Core Ninja Teachings and Operating Principles

The teachings within this manual are derived from historical Japanese shinobi scrolls. Key operational areas covered include:

- **Infiltration Techniques:** Methods for entering enemy compounds, including silent movement and disguise.
- **Hiding and Retreat Tactics:** Strategies for concealment and disengaging from pursuit, such as the 'raccoon dog retreat'.
- **Water and Terrain Navigation:** Techniques for crossing marshes and water bodies using specialized equipment or improvised tools.
- **Weaponry and Tools:** Descriptions of the diverse arsenal used by historical ninja, which included various forms of poison, gas, fire-creating devices, swords, spears, and knives.

Each lesson provides insights into the strategic thinking and practical skills employed by historical ninja for intelligence gathering, espionage, and covert operations.

Care and Preservation of Your Manual

To ensure the longevity and readability of your 'Ninja Skills' manual, please follow these care instructions:

- Store the book in a cool, dry place away from direct sunlight to prevent fading and warping.
- Avoid exposing the book to moisture or extreme temperatures.
- Handle pages carefully to prevent tears or creases.
- Keep the book clean by wiping the cover with a dry, soft cloth if necessary.

Understanding Historical Context and Clarifications

This manual emphasizes historical accuracy. It is important to note that many popular depictions of ninja are not historically accurate. For instance, historical ninja did not exclusively wear black attire; their clothing varied for disguise depending on the time of day and environment. Furthermore, the use of 'throwing stars' (shuriken) was not a primary or common weapon as often portrayed in fiction.

The content aims to correct these misconceptions by presenting information directly from historical documents, offering a more nuanced and factual understanding of shinobi practices.

Specifications

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