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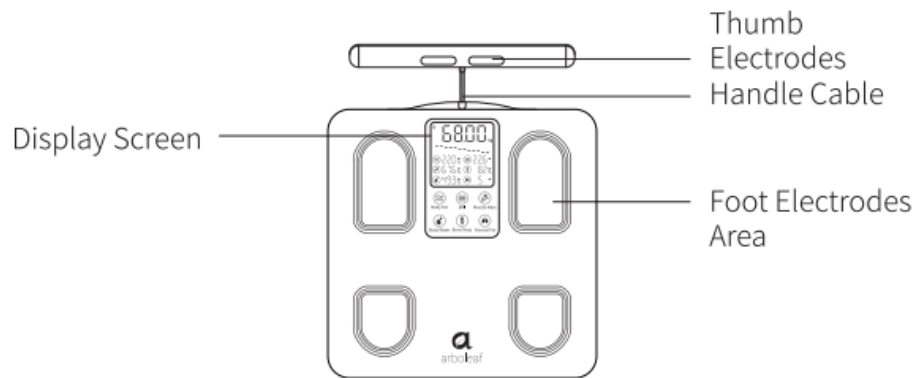
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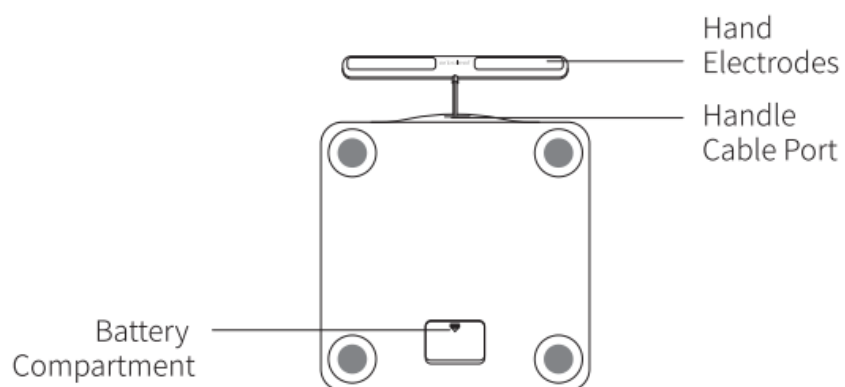
## **Arboleaf CS10E Smart Body Composition**



## Product Description



Product Front Demonstration

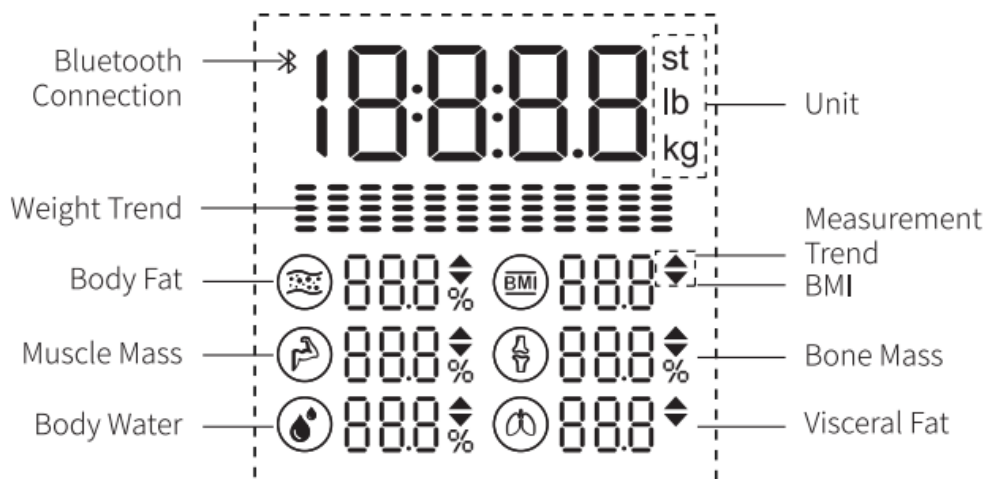


Product Back Demonstration

## Product Specifications

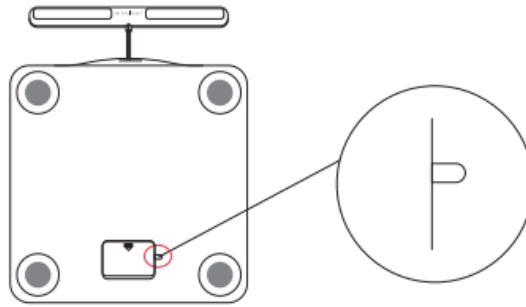
Model	CS10E
Dimension	12.2 x 13.2 x 1.3 inches / 310 x 336 x 33.8 mm
Weight	4.5lb (2.05kg)
Measurement Range	0.4-396lb (0.2-180kg)
Measurement Resolution	0.2lb (0.1kg)
Display Type	LED
Battery	3 X 1.5V AAA Batteries
Working Current	≤45mA
Data Transmission	Bluetooth
Measurement Indicators	Weight, Body Fat, Body Water, Muscle Mass, Bone Mass, Visceral Fat, BMI, etc
Accessories	3 x 1.5V AAA batteries, measuring handle, scale, user manual

## Screen Display



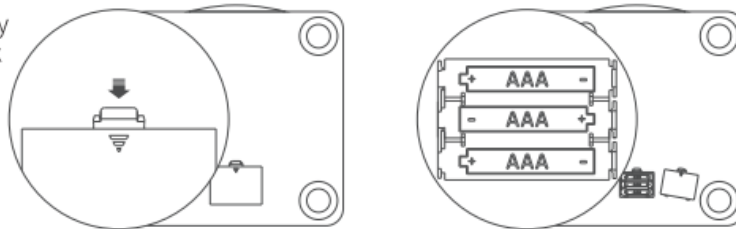
## Battery Installation

Remove the rear battery isolation tab to activate the power device.



When the scale displays 'Lo', it indicates low battery and requires timely replacement of batteries (3x1.5V AM).

To slide the battery compartment lock outward.



To slide the battery compartment lock outward.

## Initial Setup

### Step 1: Download the “arboleaf” app and create an account

From Apple App Store (ios) or Google Play (Android), search for “arboleaf” and download it to your smart phone. You can also scan the QR code to download .

Download “arboleaf” app or scan the QR code

Register an account



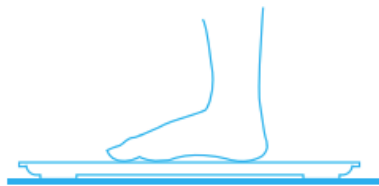
**Pair the scale with a smartphone.**

Make sure Bluetooth is enabled on your phone. For Android 6.0 and above, Location also needs to be enabled. Pairing is done automatically. Bluetooth icon is displayed on the scale.

Open the “arboleaf” app

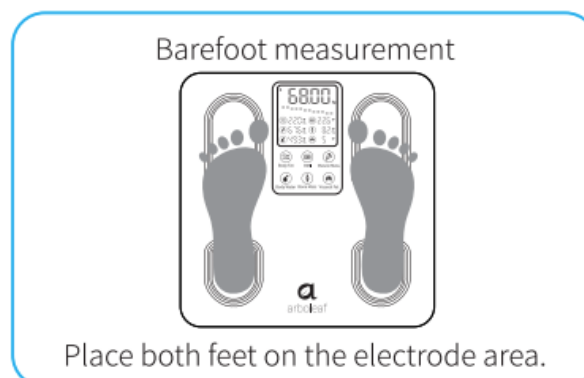


Apply pressure to turn on scale



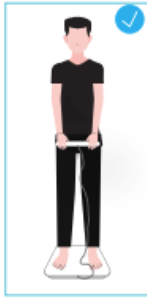
## Take Measurements

1. Connecting to the Scale Using the App To use the scale for the first time, you need to connect it to the app via Bluetooth (refer to Initial setup). Otherwise, only weight measurements will be displayed. Subsequent uses will allow direct measurement without needing to reconnect.
2. Stepping onto the Body Fat Scale Please step onto the body fat scale barefoot. Stand upright on the scale and firmly grip the handle with both hands. Wait for the weight to stabilize; a blinking weight indicates the measurement is complete.

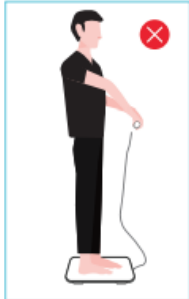


After confirming the weight, proceed to measure body fat percentage and other body composition metrics. Ensure that arms are positioned away from the sides of the body, with the inner thighs not in contact, maintaining an upright stance with arms raised until the measurement is complete.

## Body Fat Scale Measurement Demonstration Body Illustration



Stand upright with arms naturally hanging down at an angle from the body, ensuring arms do not touch the waist.



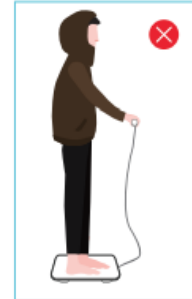
Avoid bending the hands outward.



Do not extend the hands horizontally for measurement.



Avoid bending the hands during measurement.



Wear form-fitting clothing only during the measurement process.

### Body Fat Scale Measurement Demonstration – Foot Placement Illustration

Stand with feet parallel on the scale electrodes, ensuring inner thighs do not touch each other.



The heels of both feet should not touch each other.



The feet should not be placed in a heel-to-heel stance.

### Body Fat Scale Measurement Demonstration -Hand Demonstration Image

Thumb touching the oval electrode, four fingers touching the elongated electrode, with the handle connector wire facing downwards.



Hands should not be clenched.


















The handle connector wire should not face upwards.

## Displaying Measurement Results

The scale displays weight, body fat, body water, muscle mass, bone mass, visceral fat, BMI, and rotation (switching between weight and BMI data, each displayed for 3 seconds). For additional metrics, please refer to the app after measurement.

## Display Screen Icon Guide


	Bluetooth icon: Illuminates when Bluetooth is enabled.
	Body fat percentage icon: Illuminates when displaying body fat percentage measurement results.
	Body water icon: Illuminates when displaying body water measurement results.
	Muscle icon: Illuminates when displaying muscle mass measurement results.
	Bone mass icon: Illuminates when displaying bone mass measurement results.
	Visceral fat level icon: Illuminates when displaying visceral fat level measurement results.
	BMI icon: Illuminates when displaying BMI measurement results.
	Percentage unit
	Low battery
	Upward arrow illuminated: Indicates the measurement value is higher than the previous measurement.

	Downward arrow illuminated: Indicates the measurement value is lower than the previous measurement.
	Overload
	Weight instability warning
	Weight detected after stepping off
	Please return the handle to the scale when this icon is scrolling.

## CAUTION

1. Do not use with implanted medical electronic devices such as pacemakers, artificial hearts, or life-supporting medical electronic devices, or wearable medical electronic devices like electrocardiographs.
2. Individuals with limb defects cannot use (measurement requires good contact with all eight electrode pads).
3. Do not jump on the scale.
4. It is recommended to measure at the same time each day under the same conditions.
5. For accurate measurement, place the scale on a hard, flat surface

## Documents / Resources

	<a href="#">arboleaf CS10E Smart Body Composition Scale [pdf]</a> User Guide CS10E, CS10E Smart Body Composition Scale, CS10E, Smart Body Composition Scale, Body Composition Scale, Composition Scale
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## References

- [User Manual](#)

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arboleaf, Body Composition Scale, Composition Scale, CS10E, CS10E Smart Body Composition Scale, Smart Body Composition Scale

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