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RoomTec

Apps RoomTec App

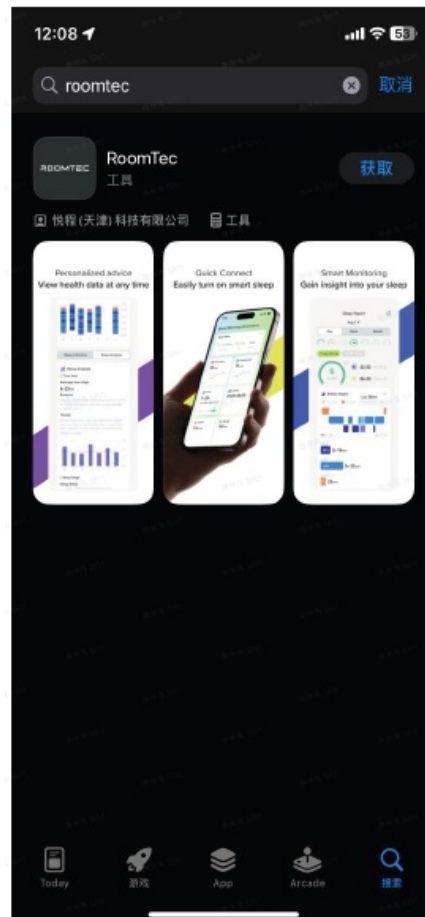


RoomTec Operation Manual

RoomTec App Download Method Instructions

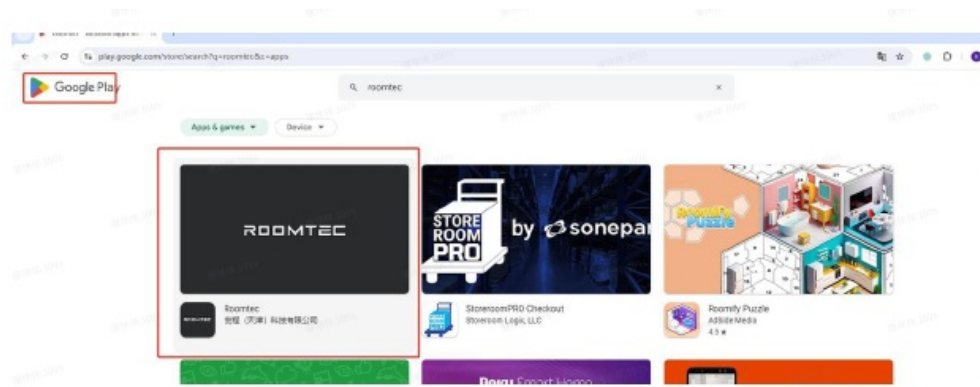
iOS download

1. Open the App Store on your iOS device.
2. Enter RoomTec in the search bar and click Search.
3. Once you find the RoomTec App , click Get and confirm the download.
4. After the download is complete, click the icon to open the RoomTec App and start operating.



Android download

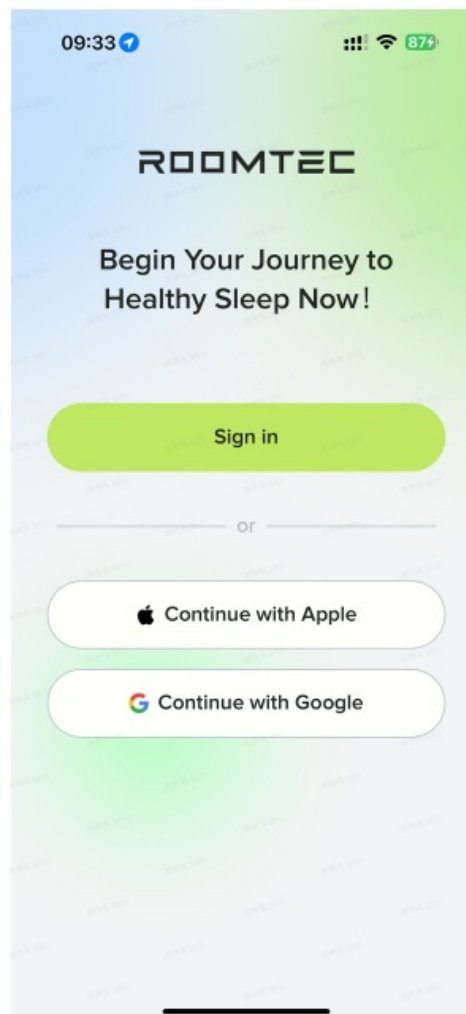
1. Open the Google Play Store on your Android device.
2. Enter RoomTec in the search bar and click Search.
3. After finding the RoomTec App , click Install to download.
4. After downloading, click the icon to open the RoomTec App and follow the prompts to complete the settings.



RoomTec App Module Operation Instructions

1. Register and login

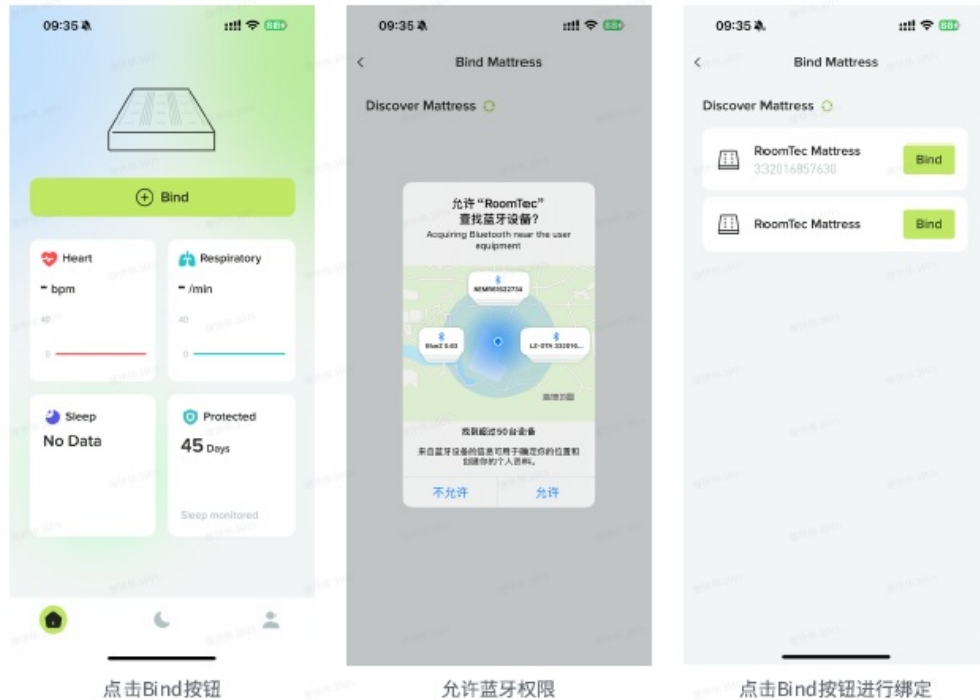
- Open the RoomTec app and go to the welcome page.
- Click the "Sign in" button to log in with email + verification code, or you can choose the following login methods:
- Log in with your Apple account: Click "Continue with Apple".
- Log in with your Google account: Click "Continue with Google".



2. Search and bind mattresses

- Go to the main page and click the "Bind" button to start mattress binding.

- When Bluetooth is enabled , the app will start searching for nearby RoomTec mattress devices.
- Confirm the Bluetooth permission prompt and click ” Allow ” to continue.
- When the list of devices appears, select your mattress device and click the ” Bind ” button next to it.



3. Enter personal information

- During the binding process, you will be prompted to enter the following personal information:
- User Name (username)
- Gender (gender)
- Date of Birth (date of birth)
- After filling it out, click the ” Submit ” button.

09:36

< Bind Mattress

Binding in progress. Please enter user information to help us provide personalized service.

User Name

Gender

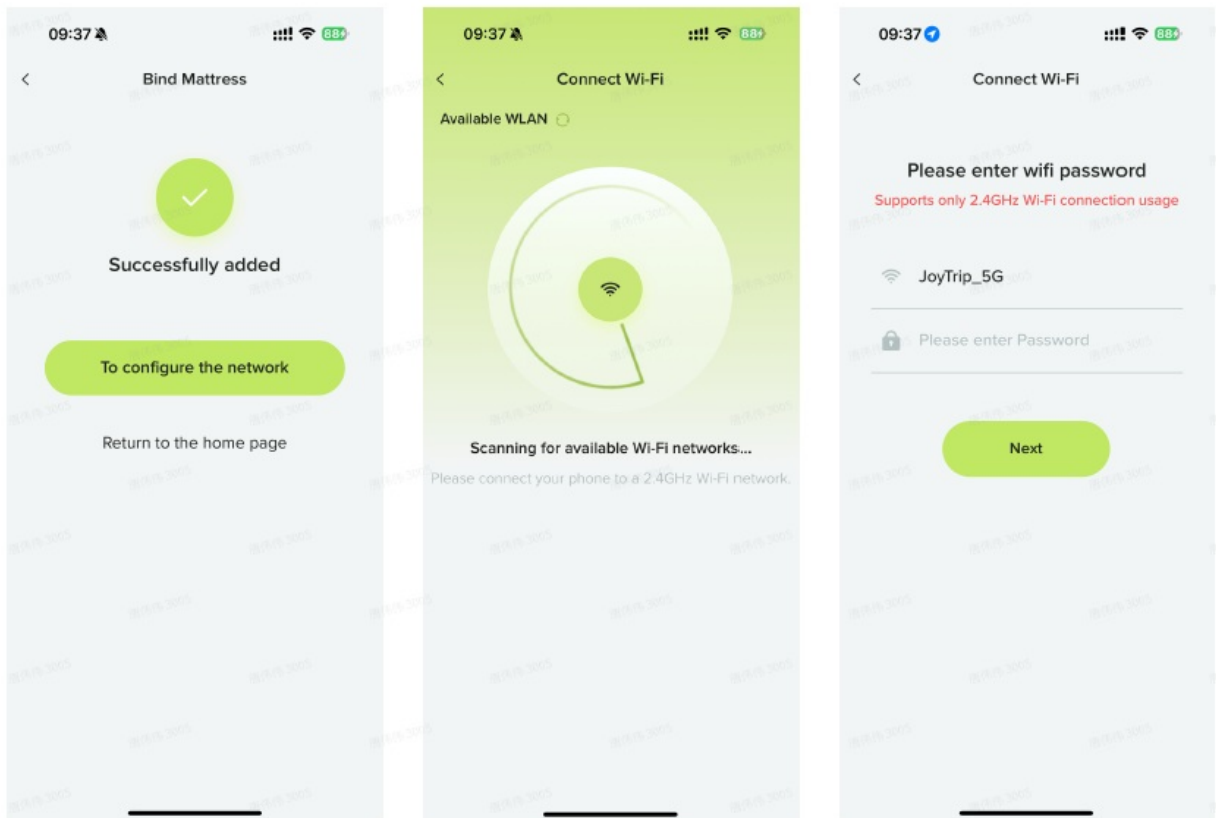
Date of Birth

mm/dd/yyyy

Submit

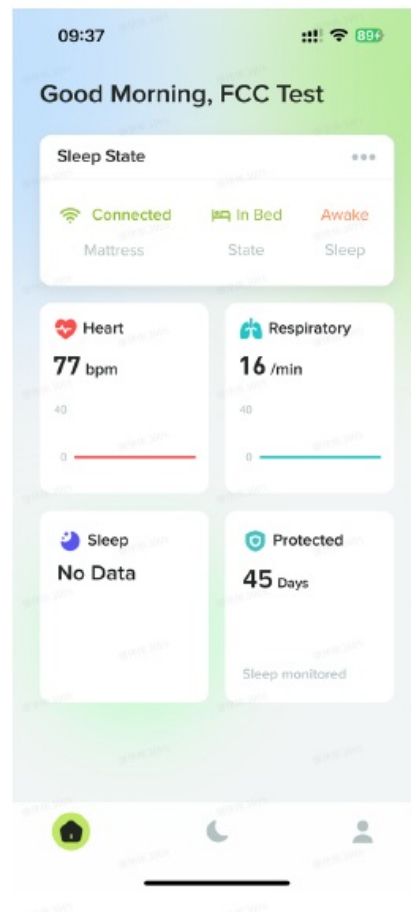
4. Detailed instructions for configuring WI-FI network

- After the binding is successful, click the " To configure the network " button to configure the network.
- The app will automatically scan for available Wi-Fi networks.
- Please make sure your phone is connected to a 2.4GHz Wi-Fi network. The app only supports 2.4GHz networks.
- Enter the password, then click the " Next " button, after the network configuration is successful, it will automatically return to the main page of the App.



5. View mattress related metrics

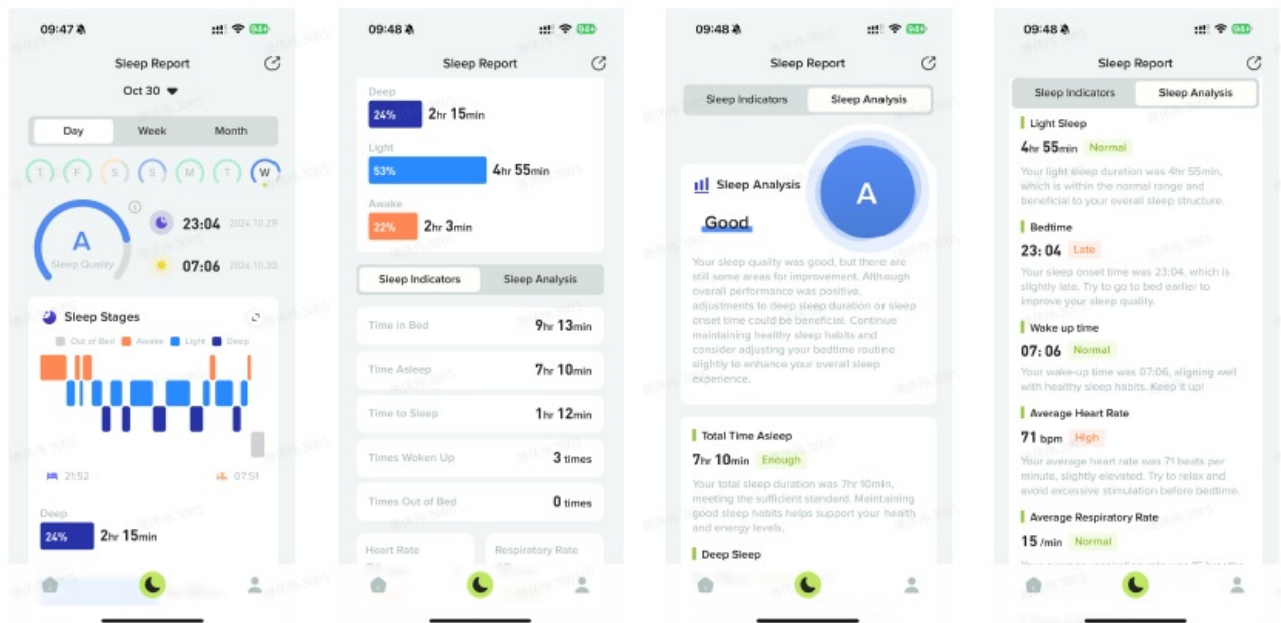
- After the configuration is completed, return to the main page and you will be able to see the status of the mattress and related health indicators, including:
- Heart rate (heart rate)
- Respiratory Rate (Respiratory Rate)
- Sleep state (in bed, waking up, falling asleep, etc.)
- Number of protected days (protected days)



Sleep report view

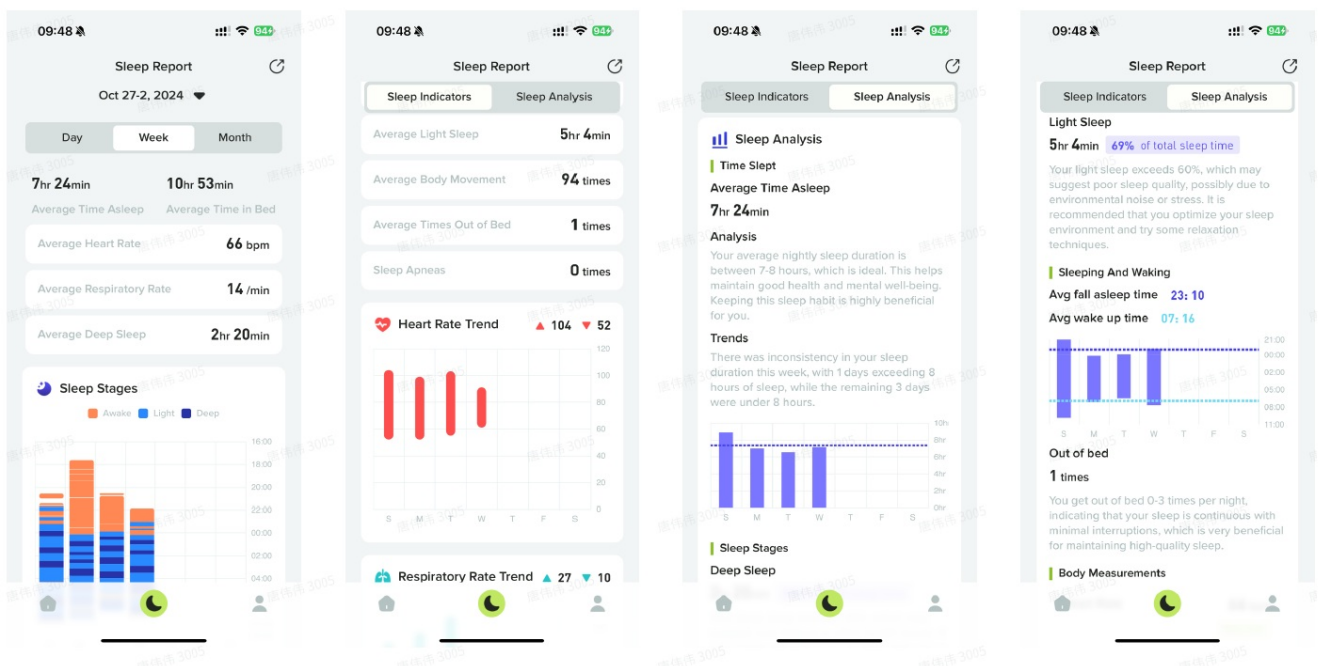
The report page is divided into “Daily” , “Weekly” and “Monthly” three tabs, users can switch to view sleep data for different time periods.

- Daily View
- Click the “Sleep Report” tab to enter the sleep report page.
- The top of the page displays the daily sleep quality score (such as “A” level).
- Sleep stages (such as out of bed, awake, light sleep, deep sleep) are displayed in the chart by color.
- The proportion and total time of each sleep stage will be listed in detail below, for example, deep sleep for 2 hours and 15 minutes (24%), light sleep for 4 hours and 55 minutes (53%), and wakefulness for 2 hours and 3 minutes (22%).
- Clicking on each indicator can provide detailed explanations, including sleep time, number of times awake, average heart rate, and respiratory rate.



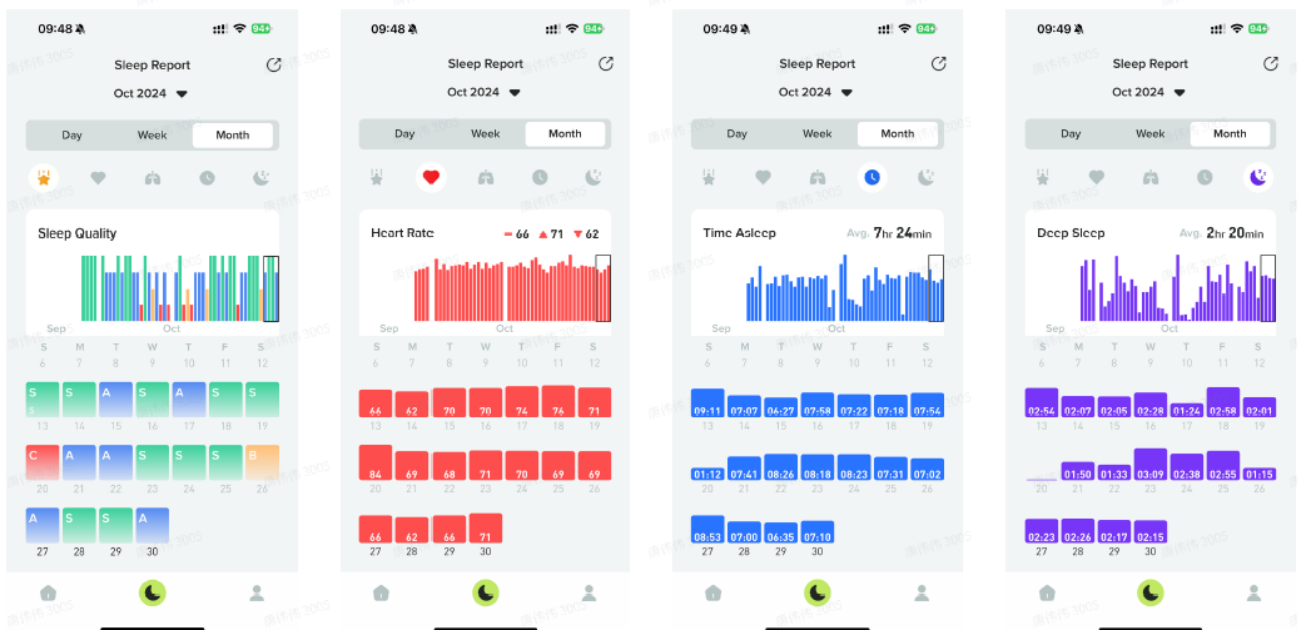
Check the weekly report.

1. Click on the “Weekly Report” tab on the homepage to enter the page of this week’s sleep report.
2. The top of the report shows average sleep time and average time in bed.
3. The average values of various indicators during the week are displayed below, including average heart rate, respiratory rate, deep sleep time, etc.
4. The sleep stage chart summarizes the state of wakefulness, light sleep, and deep sleep within a week.
5. Heart rate and respiratory rate trend charts show changes over the week, helping to understand physical conditions.



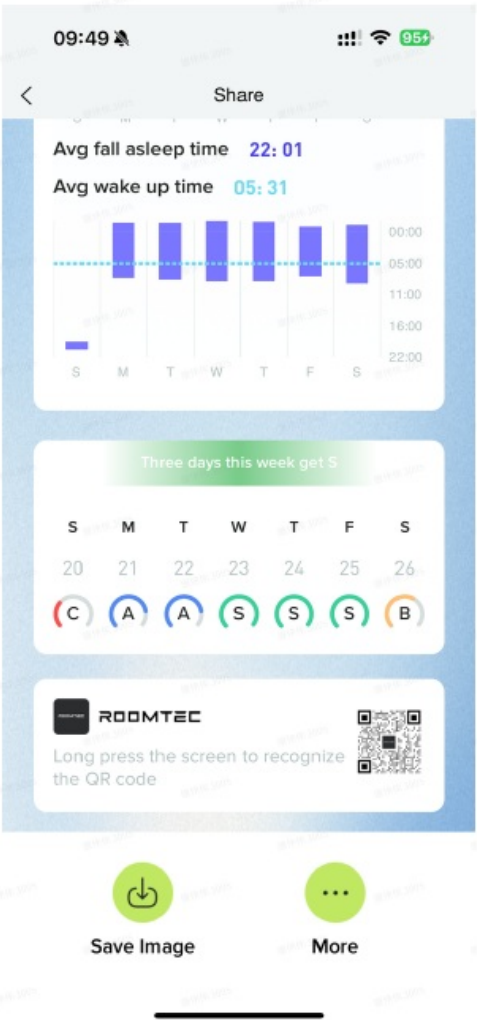
Monthly report viewing

1. Month selection : Select the month to view the sleep data summary for that month.
2. Key indicators :
 - Heart Rate Trend : Shows changes in daily heart rate data.
 - Respiratory Rate Trend : Shows the average of daily respiration rates.
 - Time to sleep : Shows the total time to sleep each night.
 - Deep Sleep Duration : Shows the duration of deep sleep per night by day.
3. Sleep Quality Rating Calendar : Color-coded daily sleep ratings to help users see their sleep throughout the month at a glance.



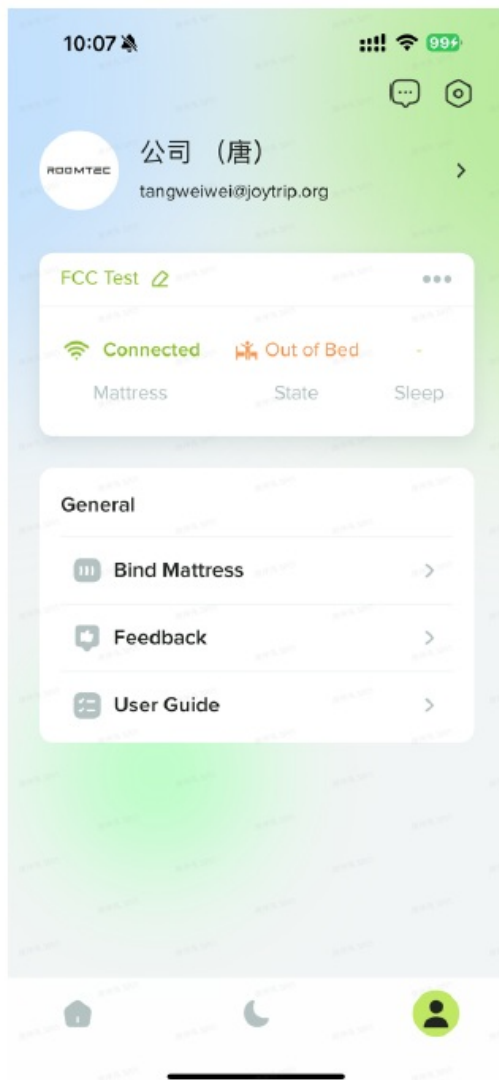
Report sharing (daily and monthly reports)

1. Generate sleep report Share picture : Select “Save picture” to save weekly or monthly sleep report pictures.
2. Share to other platforms : Click “More” to share the generated sleep report to social platforms or other applications for easy sharing of personal health information.



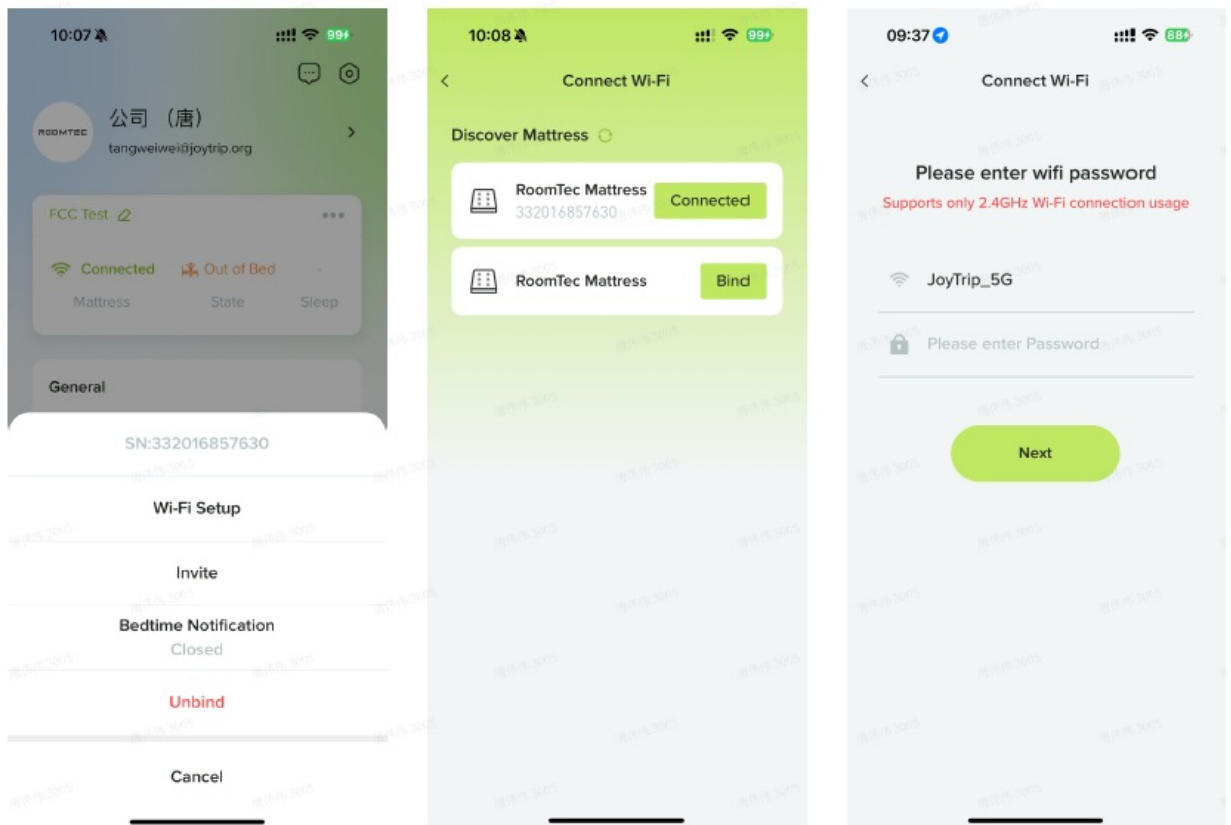
My page

1.



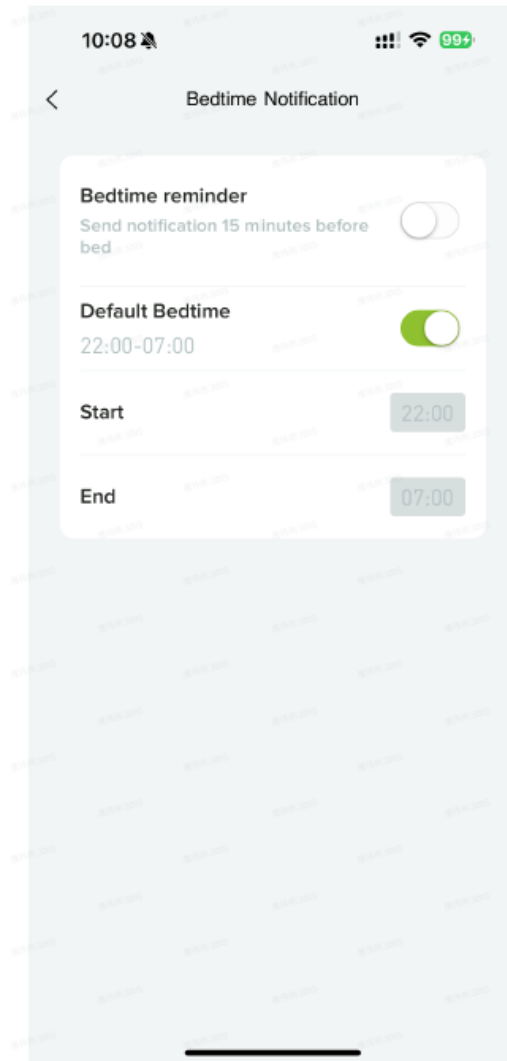
Wi-Fi configuration connection method

- After entering “My Page”, click the three-point icon in the “Mattress” card to open the menu.
- Select the “Wi-Fi Setup” option to enter the connection interface.
- On the “Discover Mattress” page, the application will automatically search for mattress devices.
- After successfully connecting the device, enter the WI-FI configuration connection process.
- Repeat the steps described in the detailed instructions for configuring a Wi-Fi network.
- If the Wi-Fi password has already been configured, there is no need to enter it again.



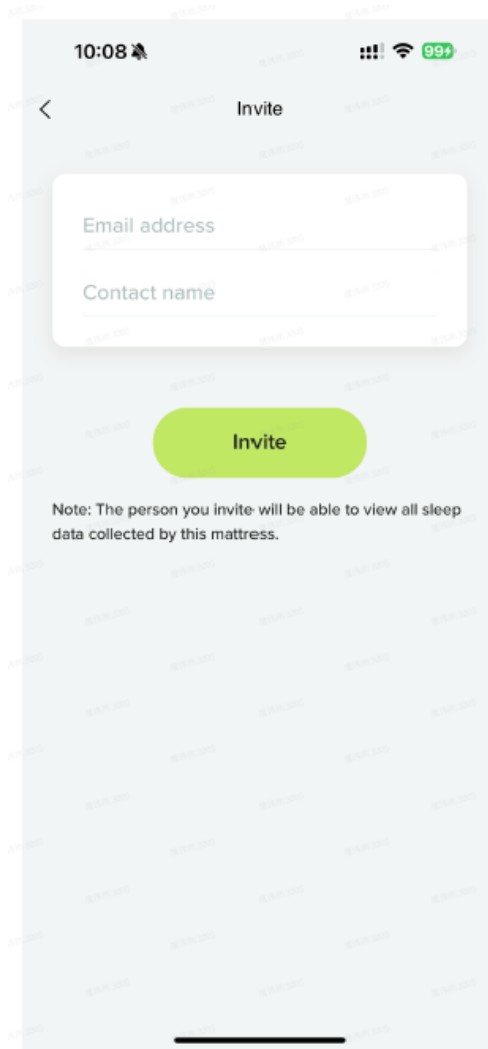
2. Bedtime reminder configuration

- Click the three-point icon on the mattress card in “My Page” and select “Bedtime Notification” to enter the sleep reminder settings page.
- Turn on the “Bedtime reminder” switch and select the time you want to receive reminders.
- The default time is 22:00 – 07:00, and you can customize the start and end times.
- After the setting is completed, the system will send a reminder 15 minutes before the setting time.



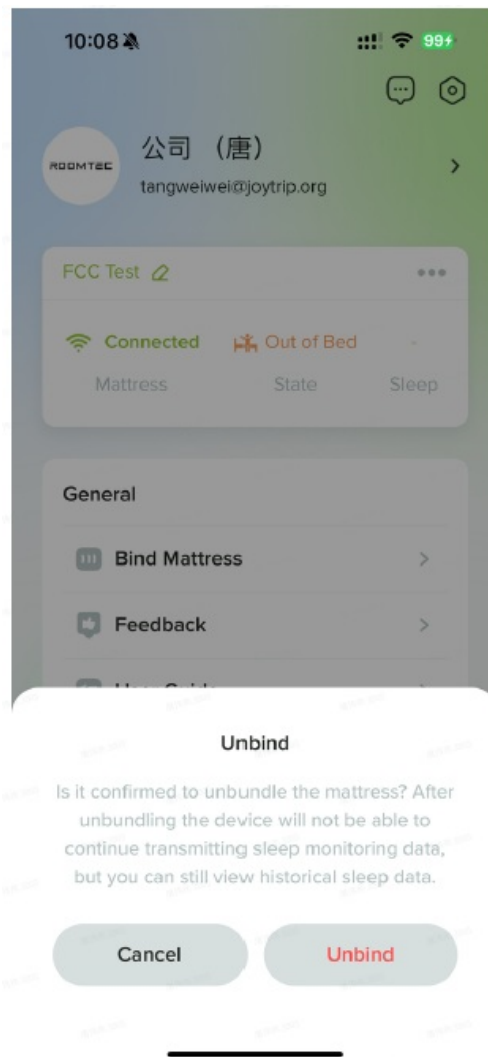
3. Friends and family to share

- In “My Page”, click the three-point icon of the mattress card and select “Invite” to invite others to view the mattress data.
- On the “Invite” page, enter the inviter’s email address and contact name.
- Click the “Invite” button to complete the invitation. The system will send an email to the contact person. After accepting the invitation, the inviter will be able to view the sleep data of the mattress.



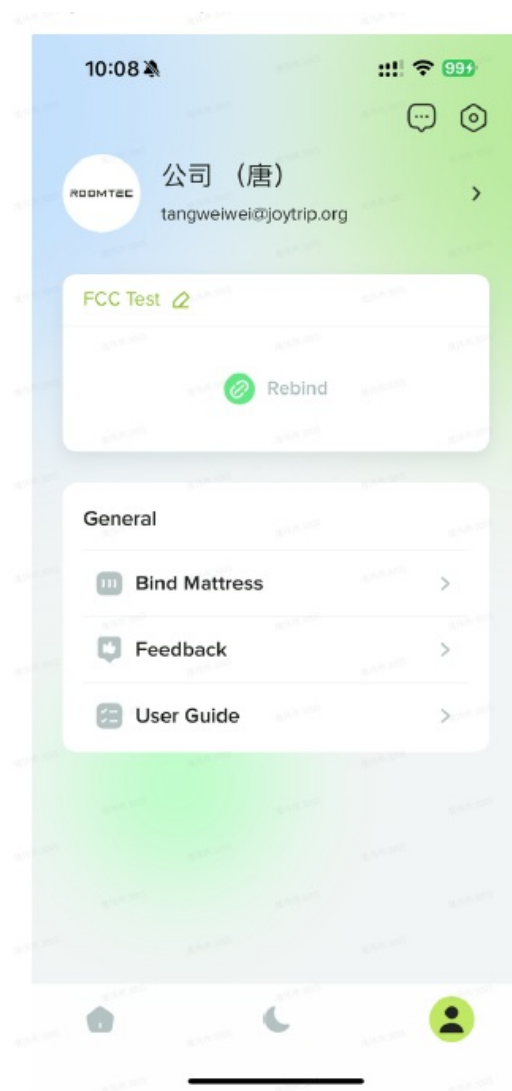
4. Mattress unbinding

- Click the three-point icon on the mattress card in “My Page” and select “Unbind”.
- The system will pop up a confirmation prompt, indicating that the device will no longer be able to transmit sleep monitoring data after unbinding, but historical sleep data can still be viewed.
- If unbinding is confirmed, click the “Unbind” button to complete the operation.



5. Mattress rebinding

- If the device has been unbound, you can bind it again in “My Page”.
- After unbinding, the “Mattress” card will display the “Rebind” button. Click it and reconnect the mattress according to the binding process.



App Feedback

1. Go to the feedback page

- After entering the application, click the “Feedback” option to open the feedback page.

• Select Rating

In the “Do you like the product?” area at the top of the page, choose the appropriate rating based on your experience.

- ? Worse
- ? Bad
- ? Good
- ? Excellent

2. Fill in the feedback content

- In the “Feedback content” box, fill in your specific feedback on the product. Please enter at least 10 words so that we can better understand your needs and provide

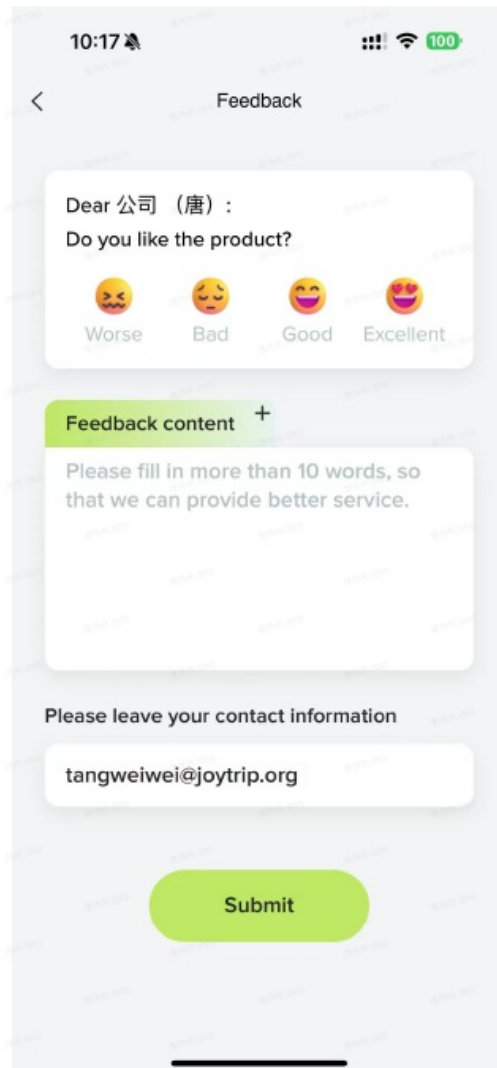
better service.

3. Fill in contact information The system will automatically display your registered email address as contact information. If you need to modify it, you can enter other contact information here.

4. Submit feedback

After confirming that all the content is completed, click the “Submit” button to submit feedback.

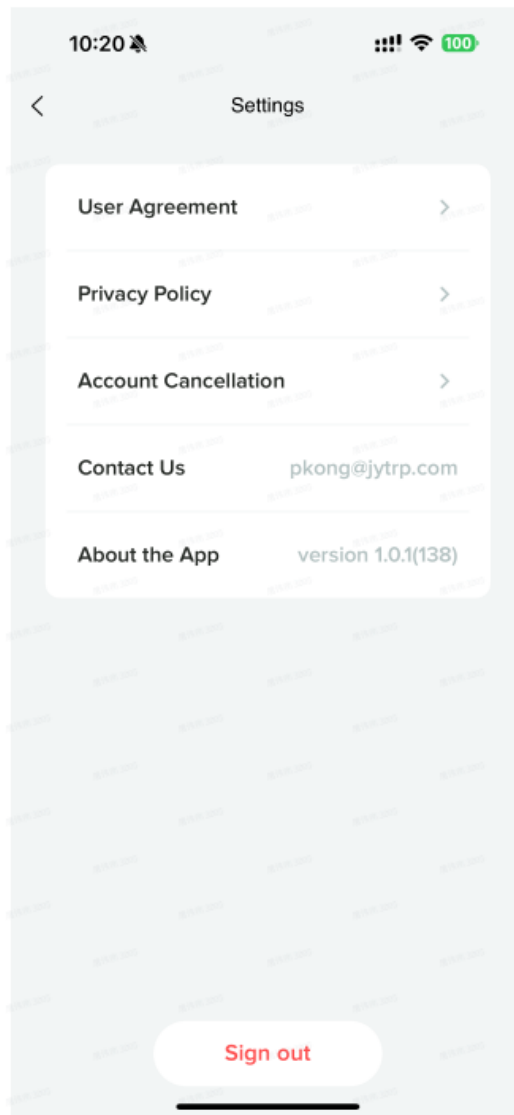
Your feedback will help us continuously improve the product.



The screenshot shows a mobile app interface for a feedback form. At the top, the status bar displays the time 10:17, signal strength, Wi-Fi, and 100% battery. The app header shows a back arrow and the title "Feedback". The form content includes: a greeting "Dear 公司 (唐) :", a question "Do you like the product?", four emoji-based rating options labeled "Worse", "Bad", "Good", and "Excellent", a section titled "Feedback content +" with a text area and a prompt "Please fill in more than 10 words, so that we can provide better service.", a section titled "Please leave your contact information" with a text field containing "tangweiwei@joytrip.org", and a large green "Submit" button at the bottom.

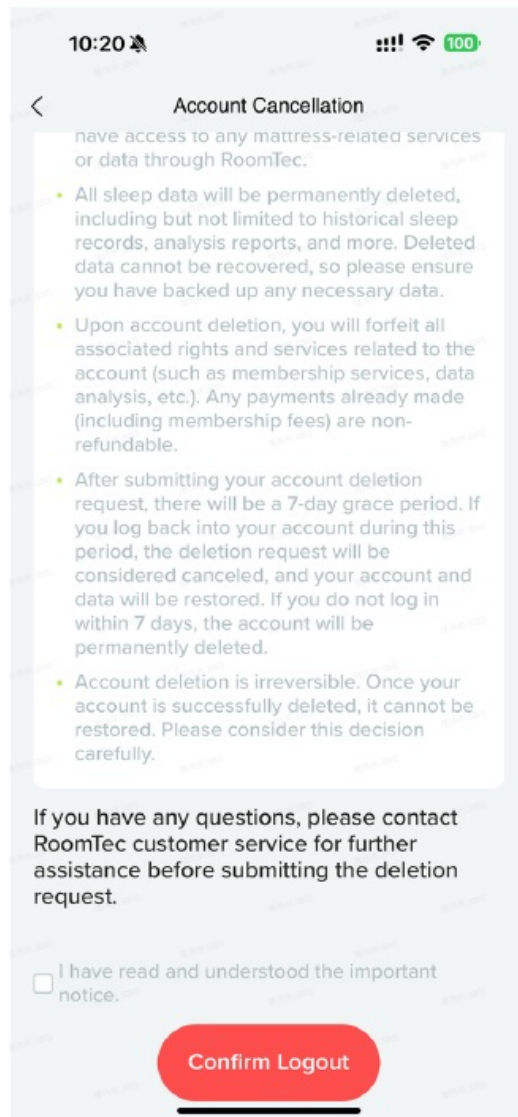
Instructions for setting up

- Go to the “Settings” page to view and operate the following content:
- User Agreement : View the User Agreement.
- Privacy Policy : View the Privacy Policy.
- Account Cancellation : Enter the account cancellation process.
- Contact Us : Contact email.
- About the App : View the version information of the app.



Cancellation instructions

1. Go to the “Account Cancellation” page and read the cancellation terms.
2. After checking the “I have read and understood important notices” checkbox, click the red “Confirm Logout” button to submit a logout request.
3. After submitting the cancellation application, there is a 7-day buffer period. During this period, logging in again will cancel the cancellation request. After 7 days, the account will be permanently deleted and all data cannot be recovered.



FCC warning

Warning

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
2. This device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to


provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a different circuit. from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

RF Exposure Statement

To maintain compliance with FCC’s RF Exposure guidelines, This equipment should be installed and operated with minimum distance of 20cm the radiator your body. This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter

Documents / Resources

	Apps RoomTec App [pdf] Instruction Manual RoomTec App, App
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References

- [User Manual](#)

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