Set a passcode on iPod touch

If you enter the wrong passcode six times in a row, you'll be locked out of your device, and you'll receive a message that says iPod touch is disabled. If you can't remember your passcode, you can erase your iPod touch with a computer or with recovery mode, then set a new passcode. (If you made an iCloud or computer backup before you forgot your passcode, you can restore your data and settings from the backup.)

See the Apple Support article **If you forgot the passcode on your iPod touch, or your iPod touch is disabled**.