



APEX FIT E02L Smartwatch User Manual

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APEX FIT

E02L Smartwatch
User Manual

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E02L Smartwatch



Thank you for choosing Axis Fit Smartwatch as your fitness companion.

Allow this manual to guide you on how to use your smartwatch.

Please read it thoroughly before using it for a smooth navigation. You may refer to this manual for later use as well.

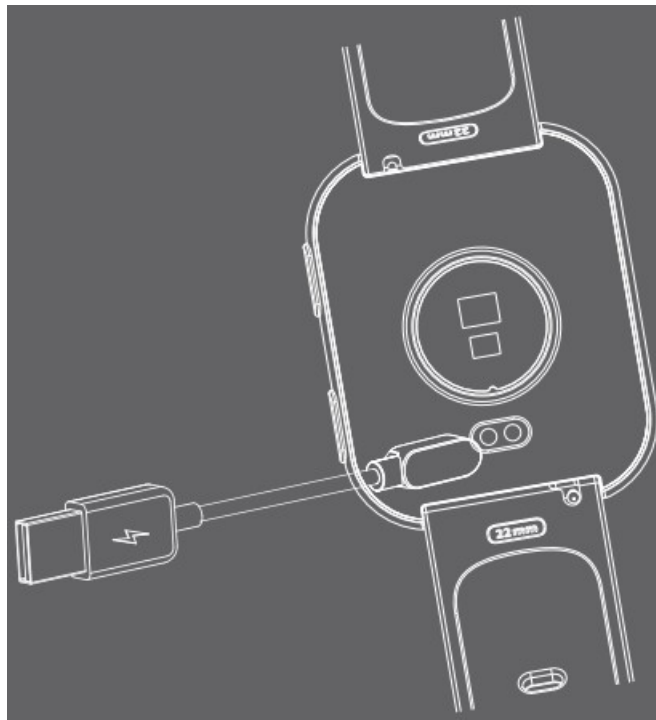


PACKAGE CONTAINS:

CHARGING THE WATCH

Axis Fit watch must be charged before initial use. It takes 2 hours to be fully charged.

Connect and charge the watch according to the image beside as a reference, using a 5V/2A adapter.



Note:

Once your watch is at 5% battery, it will automatically switch to power saving mode which will disable all functions.

TURNING THE WATCH ON/OFF

To turn the watch on/off, long-press side button for 3-5 seconds.
You can wake up the screen by lifting your wrist.



CONNECTING TO THE APP



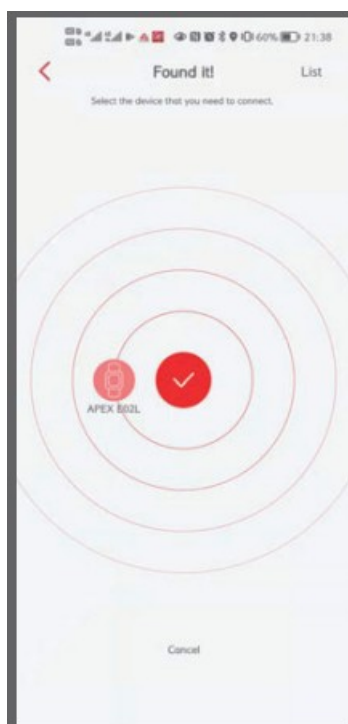
<http://47.119.196.148/app/open?name=ApexBit>

1. Download the ApexBit app on your phone.
Available on both App Store (iOS 12.0 and above) and Google Play Store (Android 5.0 and above)
OR
Scan [QR CODE] (Also available on the watch)
2. Connect the device directly via the mobile application. Do not connect via the phone's Bluetooth directly.
3. Select Watch Lite on the home screen of the app and click OK to connect.
4. To use all features of your smart watch seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt.
5. Turn your phone's Bluetooth and GPS on.
6. Disable battery optimization

Note:

To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times iPhones will not prompt any information unless you complete Bluetooth pairing with smart watch.

SYNCING YOUR SMARTWATCH TO THE APP



Data Synchronization:

- Open the app on your phone.
- Make sure your smart watch is connected to the app.
- Synchronization will start automatically once you enter the app interface.

Note:

Synchronize data at least once every day to avoid data loss in the watch.

NAVIGATING THROUGH THE FUNCTIONS

Changing the dial interface Using the app

Select cloud watch faces on the app and push your preferred watch face for your smartwatch.

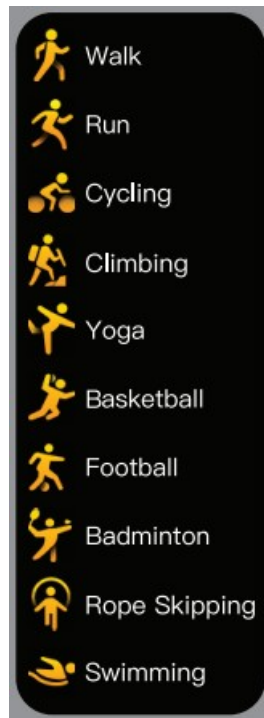
Note:

Make sure your watch and phone are connected via Bluetooth. Do not exit the downloading interface until it displays 100% downloaded. It may take up to 60 secs to sync the watch face with the app.

Using the smart watch

Swipe left on the main interface of your watch screen to enter the main menu ->Scroll down ->Select 'watch faces'
->Tap on your preferred display

Swipe left for main me



Sports mode

Click on the sports mode icon to choose from 10 different sports modes: Walking, Running, Cycling, Climbing, Yoga, Basketball, Football, Badminton, Skipping & Swimming

To pause or stop the exercise, press the home button.

Notes:

- All records will be available on the app if you keep it synchronized.
- The touch screen will not function when exposed to water. When your watch does get wet, wipe the surface with a soft cloth before using it.

Make sure maximum depth of water is not more than 1.5m & maximum time for exposure to water is not more than 30 minutes.

Guided Breathing Mode

Click on the breath training icon to regulate your breathing with the instructions given to relax.



Camera Control Mode

Click on the remote camera icon on your smart watch to click a photo from your phone.

Note: turn the camera on from your app to use this feature.



Blood Oxygen Level Monitor

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.

Note: Measurements are for reference only and not for medical purposes.



Stopwatch

Tap on the icon to start the stopwatch



Find My Phone

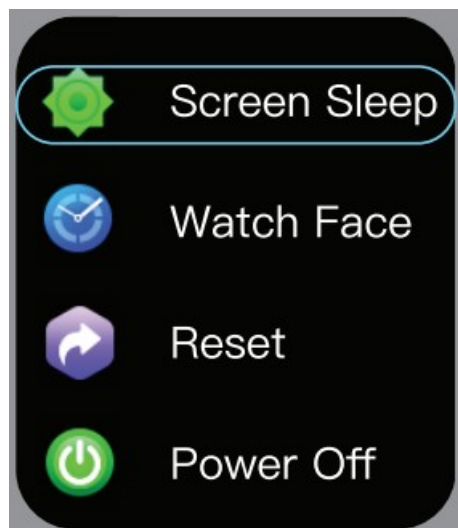
Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it.

Note: Your smart watch should be connected to your phone via Bluetooth and within its range for this feature to work.



Screen Sleep

Tap on this icon to set screen timeout duration.



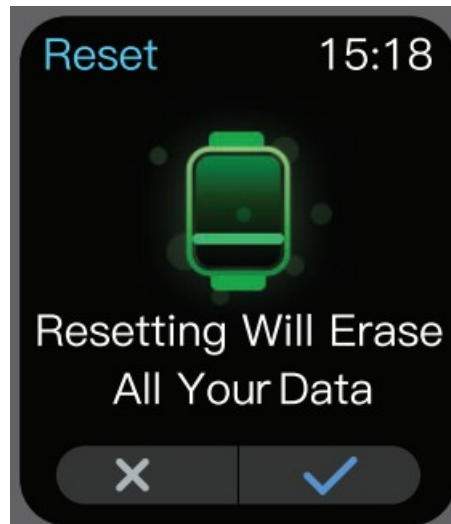
Watch Faces: Tap on this icon to change your watch face.



Reset

Tap on this to reset watch data.

Note: All data will be erased if watch is reset



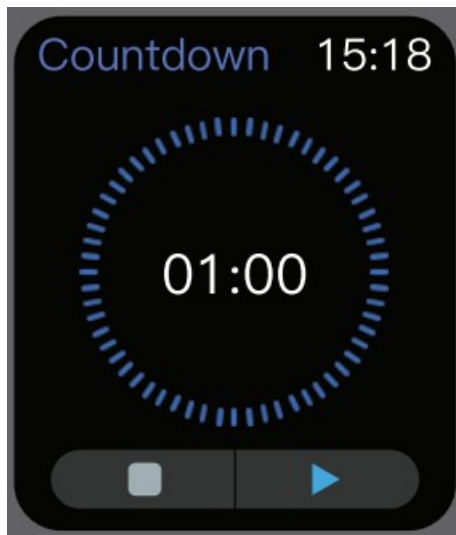
Power off

Tap on this to switch your watch off.



Countdown

Tap on this to begin countdown.



TURNING THE WATCH ON/OFF

To turn the watch on/off, long—press side button for 3-5 seconds.

You can wake up the screen by lifting your wrist.

Swipe down for shortcut menu

You can access sports menu, brightness, DND, Find my phone, Music control, QR code, the About section and settings from the shortcut menu.

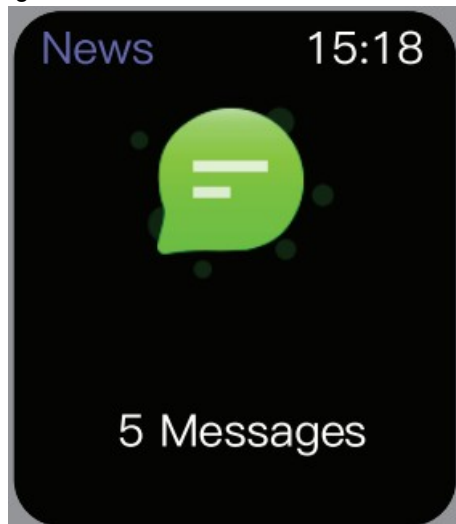
Swipe up to access all data

You can access daily activity and sports records, heart rate monitor, sleep monitor, weather, music control from here. menu.

Swipe right to access all notifications

Call and Text Notifications

Turn this feature on from your app to receive notifications on your smart watch. It will show 5 new notifications and automatically overwrite the last message if there are more than 5.



Note: The watch can be used to reject calls, but cannot be used to answer calls or messages.

PRODUCT PARAMETERS:

Model	E02L Smart Watch
Screen Type	1.69" HD Display
Battery Capacity	240 mAh
Net weight	46g
Bluetooth version	Bluetooth 5.0
Working temperature	0 ~ 60 °C
Charging time	about 2.5. hours
Working time	about 7 days
Maximum transmission power	7.5dBm
Frequency band	2402 – 2480 MHz

Maintenance:

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product. Do not wash the strap with a household cleanser. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin. For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

Charging norms & Precautionary Guidelines: –	
1) Charger/Brick/Adapter	:5V 2A
Any other accessory can be paired up with the product as long as the specifications are as per above norms.	

FAQs

Search for the app to connect keeps failing

1.Keep the ApexBit app updated to the latest version. 2.Close all the programs on the watch— Stop and restart Bluetooth and GPS— Connect again. 3.Check and enable notification functions of your phone and keep the phone and watch in close contact. Note: Make sure your phone system meets Android 5.0 and above and iOS 12.0 and above.

Why are notifications delayed or missing on the watch?

Notifications may skip or stop occasionally for several reasons. Your phone must be within 30 feet of the watch to receive notifications. You won't see text notifications if you have the conversation open on your phone. The watch+ shows new, unread texts. You won't see notifications if you turned on settings such as do not disturb mode, quiet hours, or driving mode on your phone. You also won't see notifications on the watch if you turned on do not disturb mode or sleep mode on the watch. If you're using multiple Bluetooth devices, you may have trouble using more than one at a time. Make sure the app is allowed to run in the background on your phone (Android).

My Bluetooth keeps getting disconnected

1. Make sure there is not more than 10m distance between the phone and the watch. 2. There is no obstacle in between the watch and the phone.

How many notifications can be stored on the watch?

The watch can store up to 5 notifications, after the oldest are replaced as you receive new ones.

Why is the watch not reading my heart rate?

Make sure you're wearing the watch correctly, either by moving it higher or lower on your wrist or by tightening or loosening the wristband. The watch should be in contact with your skin. After holding your arm still and straight for a short time, you should see a heart rate reading.

Which functions of the watch need Bluetooth to work?

Call & Text Notifications, Find My Phone, Music control, Camera control, Weather forecast, Cloud and custom watch faces need Bluetooth connectivity to work.

The time displayed on my phone and on the watch are inconsistent

Make sure your watch is connected to your phone through the app and not your phone's Bluetooth feature itself.

The calculated number of steps on the app and on the watch are inconsistent

Ensure that your app and the watch are synchronized.

Will it be okay to take a bath wearing the watch?

The IP68 water resistance will only work under the following conditions: (1) Maximum depth of water: 1m (2) Maximum time for exposure to water: 30 minutes. The watch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and other wading or deep-water activities with high-speed water flow.

Why is my blood oxygen level measurement not accurate?

The measurements are for reference only because there is a different way to measure your blood oxygen levels on your watch and a different way when medical equipment is used.

How to update my watch Firmware?

To check and update your watch with the latest firmware, you need to go to your APP Device on bottom menu, then scroll down until you see firmware upgrade and tap on it to update.

CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE.

DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free.

SAFETY & PRODUCT INFORMATION

Battery

- DO not disassemble, bore or damage the battery. materials and treatment of toxic substances.
- DO not disassemble the built-in batteries of non-replaceable battery devices.
- Do not use sharp objects to remove the battery. Health Warning
- If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitor of the watch.
- The optical heart rate sensor will glow green and flash. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician before wearing this device.
- The device tracks your daily activities through sensors. This data is intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.
- The device accessories, heart rate sensor, blood oxygen level monitor, and other relevant data is designed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate and blood oxygen data are for reference only. We're not responsible for any deviation in data.
- Avoid wearing the watch too tightly. Make sure you keep your skin dry — the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor. Things to keep in mind
- sync data every day to avoid data loss.
- Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.
- Sports modes support up to 6 hours of exercise at a time.
- Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry.
- Keep your arm still while measuring data for accurate measurement.

Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to continuously update the product content.

IC WARNING

This device contains license—exempt transmitter(s) that comply with Innovation, Science and Economic Development Canada's license-exempt RSS(s). Operation is subject to the following two conditions:

1. This device may not cause interference.
2. This device must accept any interference, including interference that may cause undesired operation of the device.

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help. Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition, compliance with exposure requirements.

APEX FIT

Documents / Resources



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2BARQ-BOATWAVELITE, 2BARQBOATWAVELITE, E02L, E02L Smartwatch, Smartwatch