

ANLAN 01-ASLY11-001 EMS Face Lifting Mask User Manual

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* This product is not a medical device used for diagnosis andtreatment, but a supportive item for general household use.

Thank you for purchasing the ANLAN EMS Facial Lifting Mask. Please besure to read this instruction manual before use to ensure safe and correct use. In addition, this document also serves as a warrantycard, so please keep it in a safe place.

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8.1 References

Safety Instructions

You must follow the precautions to avoid injury to users and others and damage to property. Please read the text

after fullyunderstanding the following contents and be sure to observe the items described.

⚠ Danger

Mishandling can result in death or serious injury.

⚠ Warning

If mishandled, it may result in death or serious injury.



Incorrect handling can result in personal injury or property damage.

* Property damage refers to extended damage to houses, household goods, livestock, and pets.

⚠ Danger

Never use it with the following medical electronic equipment.

- Implantable medical electronic devices, such as AX pacemakers.
- Medical electronic equipment that sustains life, such as a heart-lung machine.
- Wearable medical electronic equipment, such as electrocardiograph.

Marning

Please don't use this device for the following people.

- People who are being treated by a doctor.
- Hematological diseases, infectious diseases, hypertension, malignant tumors, visceral diseases, acute diseases, tuberculosis, fever.
- People with allergies, sensitive or fragile skin, skin diseases, atopic dermatitis and skin problems.
- People who are very tired and in poor physical condition.
- · People who are drunk and drowsy taking drugs.
- People who are pregnant, menstrual, breastfeeding, or growing.
- People who have dilated capillaries due to long-term use of steroids or liver dysfunction.
- People who are undergoing dental treatment or who have dental fillings may experience dental discomfort due to EMS stimulation. Please lower the level and adjust the part to be used.
- * It may cause an accident or trouble.

Do not use for parts other than the designated parts or thefollowing parts.

⚠ Warning

- Areas that have undergone plastic surgery, such as cuts, mouth and mucous membranes.
- Areas with purulent and inflamed skin, acne, swollen moles, itching and burning.
- Areas where the skin is irritated and inflamed due to excessive sunburn.
- · Viral warts, throat, eyes, eyelids.
- If you cannot make your own judgment, consult a doctor before use.

* It may cause an accident or trouble.

Use and storage

- Do not use on any part other than the face.
- Do not use for pets.
- · Do not use it outdoors.
- Before use, please check whether the electrode is cracked, deformed, broken, etc. If it is damaged or broken,

do not use It.

- Do not use solvents such as alcohol, thinner, gasoline or nail polish remover to wipe the body.
- Do not use it in a humid environment such as a bathroom, and do not soak in water.
- If you feel unwell or have abnormal skin, please stop using it. If the abnormality persists the next day or later, please consult your doctor.
- Before using it for the first time or until you get used to it, be sure to set the EMS level (strength) to level 1 (lowest).

Be sure to use it while observing the skin condition.

If you feel a tingling sensation on the surface of your skin, lower your EMS level (strength).

* It may cause an accident or trouble.

Be sure to observe the following items.

- Avoid using it for longer than the set time.
- Use according to your skin condition.
- Do not use if your skin has abnormalities such as rash, inflammation or itching.
- After sunburn or peeling, please do not use it immediately and use it carefully.
- * Otherwise, it may cause an accident or personal injury, which may cause the main unit to malfunction.

Product Structure

Mask

Front

Fixing hole①

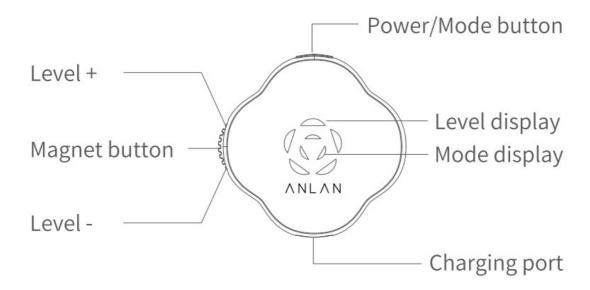
Fixing band① Mounting Reference Button Fixing band②

Back

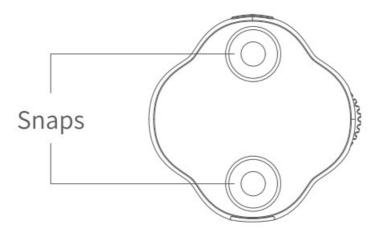
Flectrode

Controller

Front



Back

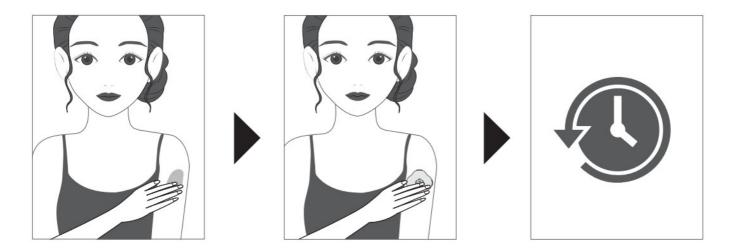


Specifications

Product Name	EMS Facial Lifting Mask
Controller Size	Appr. 43*43*10.8mm
Mask Size	Appr. 650*103*4mm
Weight	About 115g
Intensity Level	5 Stages
Mode	3 Types (Blue, Orange, Green)
Mode Timer	About 15 minutes
No Operation Power Off	About 2 minutes
Material	ABS + Silicone
Battery Capacity	90mAh
Charging Time	1.5 hours (the light flashes when charging, and the light is always o n after charging is completed)
Accessories	Instruction manual, charging cable
Warranty Period	1 year

Before Using

- When using this product or the cosmetics you use for the firsttime, be sure to pre-test the compatibility with your skin toprevent skin problems.
- If you experience any abnormalities such as rash, redness, itchiness or irritation at the site, immediately stop the test andwash it off.
- Do not use if you feel any abnormality on your skin.



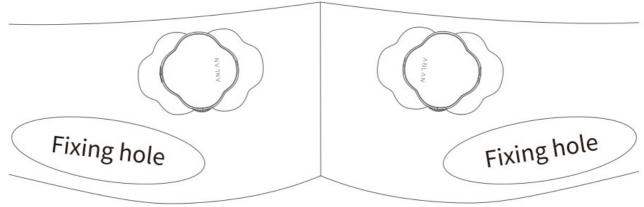
- 1. Wash the inside of the arm with soap and wipeoftf the towel hill.
- 2. Apply your gel(oil-free type), hold the two conductive silicones with one hand so that they touch yourarm, turn on the power, and use at "Level 1(minimum)" for about 3 minutes.
 - * For details on how to use it, refer to "Steps for Usage".
- 3. Abnormal skin within 24 hours after wiping of the gel If you do not feel, please use this product.

Steps for Usage

1. Put on the mask

After washing your face, apply serum or gel to your face. With the power of the controllers (2) turned off, align the mounting reference button on the mask and mount it.

- * The amount of water in the human body (conducting) differs from person to person in the feeling of EMS. If you feel that the electrical stimulation is weak, try applying a thin layer of cream or gel to the conductive silicone.
- * Pay attention to the orientation of the controller when installing. (Power button points up to ear, ANLAN logo points to mouth)

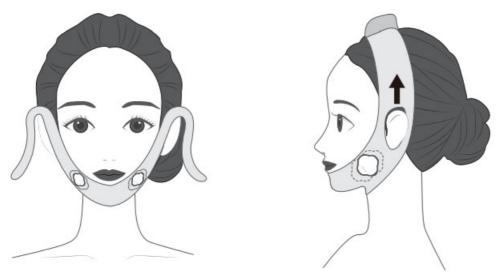


2. Put on a mask

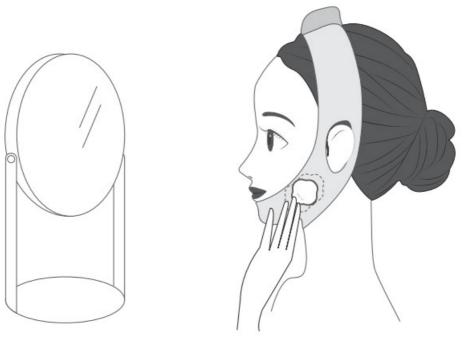
1 Put the left and right fixing holes on your ears, pull up the upper tixing band diagonally upward, and fix it

firmly.

- * With the power of the controller turned off, put on a mask with the chin and b aligned so that the hair is tied up and the hair is not pinched.
- * The shape of the head varies from person to person. Fix it in a position where the fixing band does not slip and stops firmly.
- * With the fixing band stopped, make sure that the four conductive silicones on the left and right touch your skin.



- ② Look in the mirror to check if the silicone mask is firmly attached to the face.
- *Depending on the shape of the face, the mask may not fit and floating may be seen, but energization is possible if the conductive silicon on the left and right is firmly in contact.



3. Turn on the power

Press and hold the power buttons on the left and right handles at the same time to turn on the blue mode. When the power is turned on, the EMS level is set to "Level 0".

- * Operate while looking in the mirror until you get used to how to use it.
- * Be sure to turn on the power while wearing a mask with a controller.
- * Approximately 15 minutes after setting the mode, the power will be turned off automatically. In the case of no operation (no circuit is formed), the power will automatically turn off after about 2 minutes.
- * If you want to stop the product during use, press and hold the left and right power buttons to turn off the power.



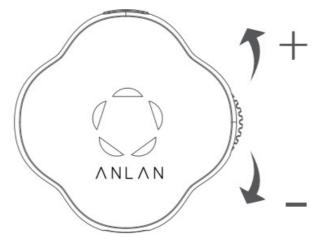
4. Choose your preferred mode and level

Short press the power button to adjust the three modes (blue, orange, green).



Before using it for the first time or until you get used to it, be sure to set the EMS level (strength) to level 1 (lowest).

After getting used to level 1, you can adjust the EMS level to your favorite intensity level (level 5) by rotating the left and right buttons at the same time.



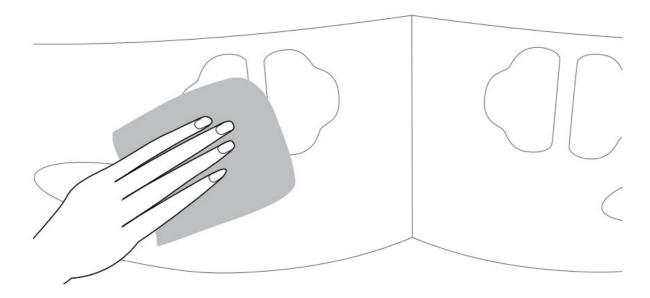
* Level adjustment change:

$$1 {\rightarrow} 2 {\rightarrow} 3 {\rightarrow} 4 {\rightarrow} 5 {\rightarrow} 5, 5 {\rightarrow} 4 {\rightarrow} 3 {\rightarrow} 2 {\rightarrow} 1 {\rightarrow} 0 {\rightarrow} 0$$

5. Finish

After use, wipe the conductive silicone with a towel or tissue.

- * Be sure to turn off the power when cleaning.
- * It is recommended to use it once a day.



Care and stroage

- Before charging, make sure the charging port is clean and dry.
 Also, please do not use it while charging.
- If you are using the product for the first time or have not used it for a long time, please charge it before use.
- To protect the built-in battery, please charge it once a month even it it will not be used for a long time.
- The two controllers are not waterproof, please do not wash them with water.
- If the dirt does not come off, please wipe gently with a cloth dampened with a diluted neutral detergent.
- Do not damage the conductive silicone part during storage.
- · Keep out of reach of children.
- Do not place it in hot and humid places (near fire, hot sun, bathroom, etc.),
- Do not place it in an unstable place. In addition, do not drop or hit the main unit.
- Do not place heavy objects on the main unit or drop it during use, and do not subject it to strong impacts.
- If you have not used this product for a long time, please be sure to check whether the product is operating normally and safely before use.

Q & A

Q: I have a toothache.

A: If you are treating your teeth, your teeth may be injured. Please lower the level and adjust the part to be used. If you feel any discomfort, please consult your doctor.

Q: I don't feel electrical stimulation.

A: Different people have different feelings about EMS. If your skin is dry, you may not feel any electrical irritation. If you feel that there is no electrical stimulation or it is weak, try applying a thin coat of serum or gel to the conductive silicone.

Q: Can I use it continuously?

A: We recommend using this product once a day for 15 minutes. For continuous use, it is recommended to leave an interval of 5 hours or more.

Q: The stimulation is different on the left and right sides of the face.

A: Since the face is asymmetrical, the stimulation may be different on the left and right sides of the face. Adjust the left and right EMS levels.

Q: I feel uncomfortable and tired.

A: Itis due to EMS stimulation. Please refrain from using it for a while until the discomfort on your face disappears.

Q: Can men also use it?

A: Yes, this product is unisex.

Q: Can I use it while sleeping?

A: Do not use while sleeping.

About disposal of this product

This product uses a lithium-ion battery. Lithium-ion batteries are a valuable recyclable resource. When disposing of used products, remove the lithium-ion battery and take it to a cooperating store that has a recycling box or a specific collection window.

Documents / Resources



ANLAN 01-ASLY11-001 EMS Face Lifting Mask [pdf] User Manual 01-ASLY11-001, 01-ASLY11-001 EMS Face Lifting Mask, EMS Face Lifting Mask, Lifting Mask, Mask

References

• User Manual

Manuals+,