



## amazon basics B01LR5SM74 Neoprene Workout Dumbbell Weights Instruction Manual

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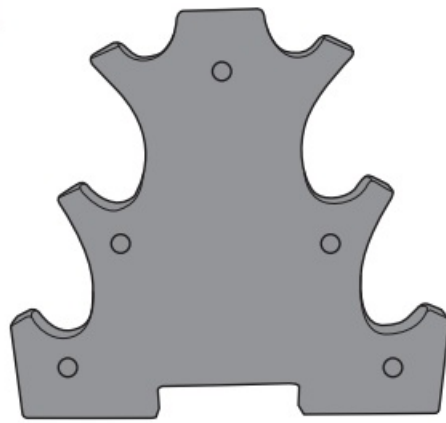
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**B01LR5SM74 Neoprene Workout Dumbbell Weights**

**1**



x 2

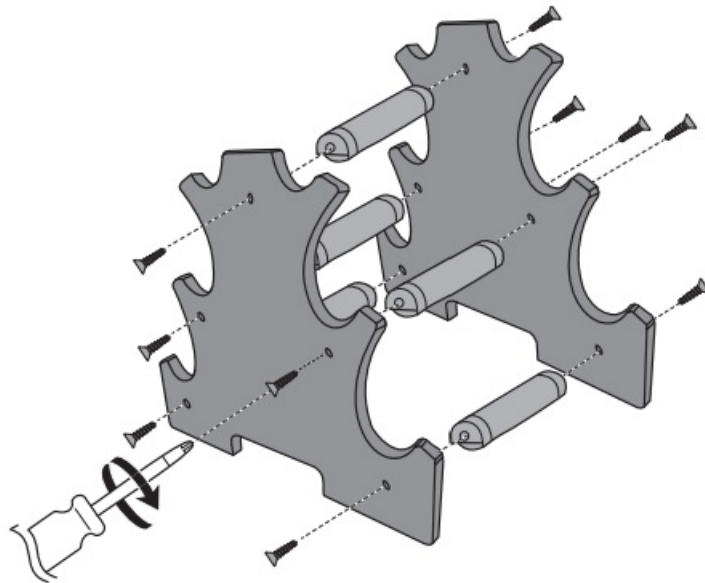


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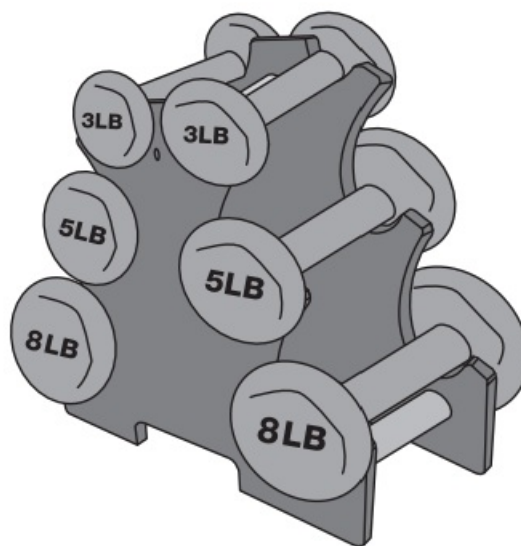


x 10

**2**



**3**



Total Weight: 32 lbs (14.5 kg)



## Safety Instructions



**CAUTION** Max loading weight: 32 lbs (14.5 kg).  
**Do not carry the stand when it is loaded with dumbbells.**  
**SERIOUS INJURY CAN OCCUR IF CAUTION IS NOT TAKEN.**

- Before beginning any exercise program, consult your physician. It is the responsibility of the owner to ensure that all users of this product are adequately informed of all precautions. Inspect and properly tighten all parts regularly.
- Keep children and pets away from this product at all times.
- Wear appropriate clothes while exercising. Do not wear loose clothes that could become caught.
- Over-exercising may result in serious injury or death. If you feel faint, dizzy, or experience pain while exercising, stop immediately and cool down.
- Designed for home use and indoor use only.
- Keep this product indoors and away from moisture and water. To clean the product, wipe with a soft, slightly moist cloth. Never use corrosive detergents, wire brushes, abrasive scourers, metal or sharp utensils to clean the product. Let it dry completely before use. Place product on a clean and level surface before using it.

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## Documents / Resources

	<a href="#">amazon basics B01LR5SM74 Neoprene Workout Dumbbell Weights</a> [pdf] Instruction Manual B01LR5SM74, B01LR5SM74 Neoprene Workout Dumbbell Weights, Neoprene Workout Dumbbell Weights, Workout Dumbbell Weights, Dumbbell Weights, Weights
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