



ACCU-CHEK Instant S Meter Blood Glucose Sugar Monitoring System User Guide

[Home](#) » [ACCU-CHEK](#) » ACCU-CHEK Instant S Meter Blood Glucose Sugar Monitoring System User Guide 

Contents

- [1 ACCU-CHEK Instant S Meter Blood Glucose Sugar Monitoring System](#)
- [2 Meter Overview](#)
- [3 Setting Up the Lancing Device](#)
- [4 Performing a Blood Glucose Test](#)
- [5 Error Messages](#)
- [6 ABOUT COMPANY](#)
- [7 Documents / Resources](#)
 - [7.1 References](#)
- [8 Related Posts](#)

ACCU-CHEK®

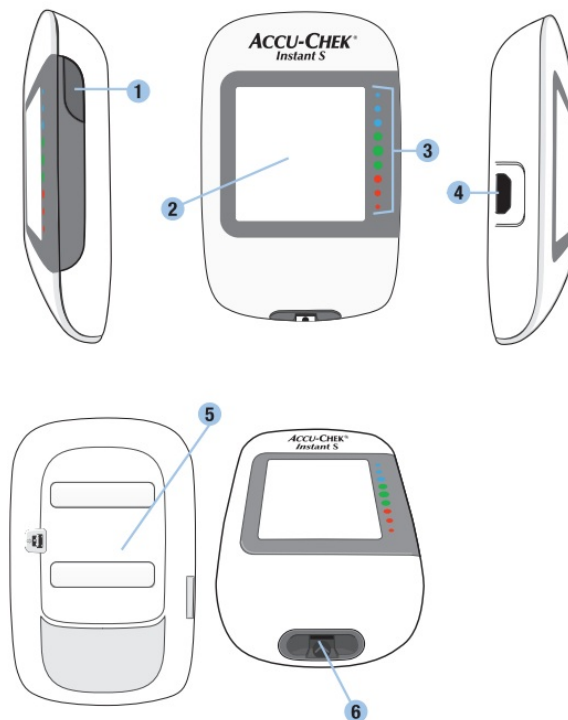
ACCU-CHEK Instant S Meter Blood Glucose Sugar Monitoring System



WARNING

- Risk of life-threatening injuries
- Keep new and used batteries away from children. See the User's Manual for additional information.
- Risk of a serious health incident
- This Quick Start Guide does not replace the User's Manual for your Accu-Chek Instant S blood glucose meter. The User's Manual contains important handling instructions and additional information.
- Risk of infection
- While obtaining a blood drop, the lancing device and cap may come into contact with blood. The lancing device is intended for personal use only.

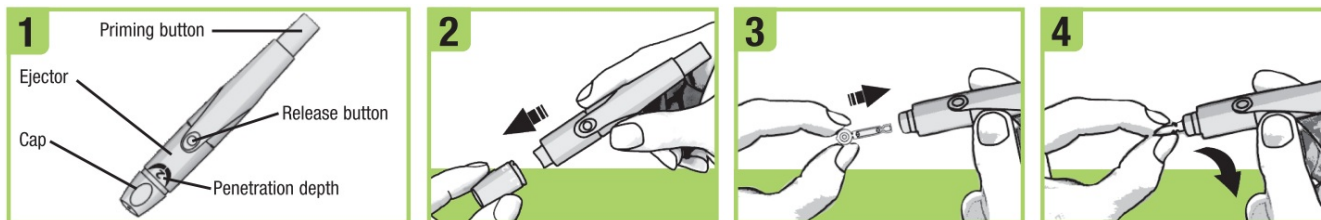
Meter Overview



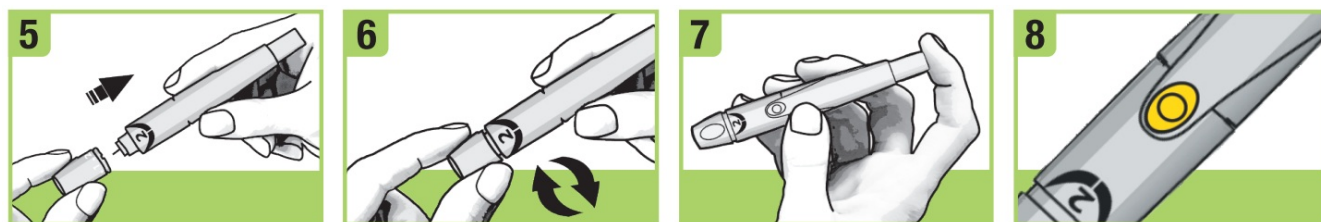
1. Meter Button
2. Display
3. Target Range Indicator
4. Micro USB Port
5. Battery Door
6. Test Strip Slot

Setting Up the Lancing Device

1. Familiarize yourself with the Accu-Chek Softlix lancing device.
2. Remove the cap by pulling it straight off. Do not twist the cap.
3. Insert the lancet into the lancing device until it clicks.
4. Twist off the lancet's protective cap.



5. Replace the cap on the lancing device. Make sure the notch on the cap lines up with the notch on the lancing device.
6. Adjust the lancet depth to a comfortable penetration level. Start at 2. For tougher skin, rotate to a higher device number.
7. Press the priming button in as far as it will go, like a pen. Do not press the release button while pressing the priming button. The release button turns yellow when the lancing device is ready.
8. Set the lancing device aside until you are ready to perform a fingerstick.

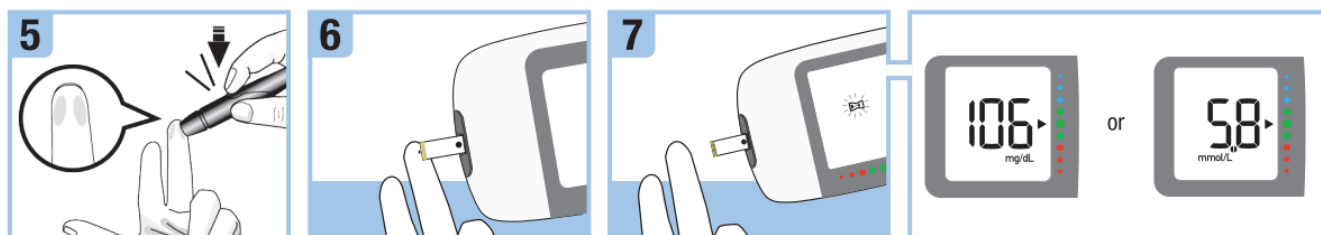


Performing a Blood Glucose Test

1. Wash your hands with warm soapy water and dry thoroughly.
2. Check the use by date on the test strip container. Do not use test strips past the use by date.
3. Remove a test strip from the test strip container. Close the cap tightly.
4. Insert the metallic end of the test strip into the meter. The meter turns on. A flashing drop symbol appears.



5. Press the lancing device firmly against the side of your fingertip. Touch the yellow edge of the device against the side of your fingertip to the blood drop. Do not put blood on top of the test strip.
6. Remove your finger from the test strip when the flashing hourglass symbol appears.
7. The test result appears on the display in less than 4 seconds.



8. Before you finish...

Remove the lancing device cap. Point the lancet away from you. Slide out the ejector to release the lancet.



Error Messages

Note: The error code and Err will alternate on the display for all coded error messages (E-1 through E 14). If any of the error messages below appear on the display at any time, refer immediately to the Error Messages section in the chapter Meter Maintenance and Troubleshooting of the User's Manual.

- **E-1** The test strip may be damaged, not properly inserted, or was previously used. Remove and reinsert the test strip, or replace it if damaged or previously used.
- **E-3** A meter or test strip error has occurred. This error message could appear if the cap on the test strip container was not closed tightly. The test strips may have been damaged due to improper storage or handling. Never make therapy decisions based on an error message. Repeat the blood glucose test. If a second E-3 error message appears, perform a control test with the control solution and a new test strip. See the Performing a Control Test section in the chapter Control Tests of the User's Manual. If you continue to receive an E-3 error message, use an alternate method for testing your blood glucose, such as a back-up meter and test strip. If the alternate method gives an extremely high blood glucose result, or if an alternate method is not available, contact your healthcare professional immediately. In rare cases, an E-3 error message may indicate that your blood glucose is extremely high and above the system's measuring range. See the Unusual Blood Glucose Results section in the chapter Blood Glucose Tests of the User's Manual for other possible causes of the error message.
- **E-4** Not enough blood or control solution was drawn into the test strip for measurement or was applied after the test had started. Discard the test strip and repeat the blood glucose or control test.
- **E-6** Blood or control solution was applied to the test strip before the flashing drop symbol appeared on the display. Discard the test strip and repeat the blood glucose or control test.
- **E-7** An electronic error occurred. Remove the battery, press and hold the meter button for at least 2 seconds, and reinsert the battery. Perform a blood glucose or control test.
- **E-8** The temperature is above or below the proper range for the system. Refer to the test strip package insert for system operating conditions. Move to an area with the appropriate conditions and repeat the blood glucose or control test. Do not artificially heat or cool the meter.
- **E-9** The battery may be out of power. Turn the meter back on. If you are in a cold environment, move to a location with a more moderate temperature and retest. If the message continues to appear after several attempts, replace the battery. If the message reappears after the battery has been replaced, remove the battery, press and hold the meter button for at least 2 seconds, then reinsert the battery.
- **E 10** The meter's internal clock may need to be reset. Press the meter button. If the time and date were set, you will need to reset them. See the Time and Date section in the chapter Your New System of the User's Manual.

- E 11 The test strip may be damaged. Repeat the blood glucose or control test with a new test strip.
- E 12 Your blood sample may contain a high level of ascorbate. Contact your healthcare professional.
- E 13 Fluid or foreign material may be present in the test strip slot. Remove and reinsert the test strip or repeat the blood glucose or control test with a new test strip. If the error persists, contact Roche.
- E 14 An electronic error has occurred. Contact Roche.

Note: Contact Roche if the error message continues.



NOTE

- Always have spare batteries.
- Battery life may vary due to factors such as temperature and battery manufacturer.

ABOUT COMPANY

- CUSTOMER SUPPORT AND SERVICE CENTER
- 1800 120 6020 (TOLL-FREE)
- (Monday to Saturday, 07.30 AM to 09.30 PM)
- SMS 'HELP' to 5757535*
- Charges applicable as per your network provider
- email: india.accu-chek@roche.com
- www.accu-chek.in

Documents / Resources

	<p>ACCU-CHEK Instant S Meter Blood Glucose Sugar Monitoring System [pdf] User Guide Instant S Meter Blood Glucose Sugar Monitoring System, Instant S, Meter Blood Glucose Sugar Monitoring System, Blood Glucose Sugar Monitoring System, Glucose Sugar Monitoring System, Sugar Monitoring System, Monitoring System, System</p>
	<p>ACCU-CHEK Instant S Meter Blood Glucose Sugar Monitoring System [pdf] User Manual Instant S Meter Blood Glucose Sugar Monitoring System, Instant S, Meter Blood Glucose Sugar Monitoring System, Glucose Sugar Monitoring System, Sugar Monitoring System, Monitoring System, System</p>

References

- [User Manual](#)